

**ESTIMATION OF FIRST TRIMESTER SERUM URIC ACID  
LEVELS AS A PREDICTOR OF PREECLAMPSIA AMONG  
SINGLETON PREGNANT PATIENTS ATTENDED OVER A  
ONE YEAR PERIOD AT A TERTIARY CARE INSTITUTION.**

**- A PROSPECTIVE COHORT STUDY**

**Dissertation submitted to  
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**M.S.DEGREE - OBSTETRICS & GYNAECOLOGY**



**KILPAUK MEDICAL COLLEGE**

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**MARCH 2014.**

# **CERTIFICATE**

This is to certify that the dissertation entitled “ESTIMATION OF FIRST TRIMESTER SERUM URIC ACID LEVELS AS A PREDICTOR OF PREECLAMPSIA AMONG SINGLETON PREGNANT PATIENTS ATTENDED OVER A ONE YEAR PERIOD AT A TERTIARY CARE INSTITUTION -PROSPECTIVE COHORT STUDY” is the bonafide original work of Dr.Baluswamy Gayathri under the guidance of Dr.G.Geetha, M.D.,D.G.O., Associate Professor of department of obstetrics and gynaecology, KMCH, Chennai in partial fulfilment of the requirements for MS Obstetrics and Gynaecology branch II examination of The Tamilnadu Dr.M.G.R. Medical University to be held in March 2014. The period of Postgraduate study and training from May 2011 to April 2014.

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INSTITUTIONAL ETHICAL COMMITTEE  
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CERTIFICATE OF APPROVAL

The Institutional Ethical Committee of Govt. Kilpauk Medical College, Chennai reviewed and discussed the application for approval "A descriptive study of first trimester patients with elevated serum uric acid and their Preg. & Neonatal outcome" - For Dissertation Purpose, submitted by Dr.Baluswamy Gayathri, MS (O&G), PG Student, KMC, Chennai-10.

The Proposal is APPROVED.

The Institutional Ethical Committee expects to be informed about the progress of the study any Adverse Drug Reaction Occurring in the Course of the study any change in the protocol and patient information. /informed consent and asks to be provided a copy of the final report.



  
CHAIRMAN, 11/12/12

Ethical Committee

Govt. Kilpauk Medical College, Chennai

5 to 10% of all pregnancies are complicated by hypertensive disorders. Pre-eclampsia is a multisystem disorder associated with significant fetal and maternal morbidity and mortality. Incidence of pre-eclampsia ranges from 5-15% and in India incidence is 8-10%.

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**ABSTRACT:**

It is a prospective study conducted on 197 antenatal women with singleton pregnancy attended antenatal op over a one year period at KMCH. Uric acid was measured from maternal plasma samples that were collected at a mean gestational age of 11.2 weeks. High first trimester serum uric acid was associated with increased risk of preeclampsia but not gestational hypertension. There was no linear association between first trimester uric acid and small for gestational age. There was no linear association between first trimester uric acid and preterm delivery.

## Introduction

5 to 10% of all pregnancies are complicated by hypertensive disorders. Preeclampsia is a multisystem disorder associated with significant fetal and maternal morbidity and mortality. Incidence of preeclampsia ranges from 5-15% and in India incidence is 8-10%.

Preeclampsia is associated with hypertension, proteinuria and edema which is evident after 20 weeks gestation and resolves after delivery. So understanding of pathophysiology is very important to search for the markers that predict the occurrence of preeclampsia. According to many studies preeclampsia is associated with abnormal placentation and endothelial dysfunction.

Predictive tests will enable to discriminate high risk and low risk patients to develop preeclampsia. It will also identify the patients who may develop clinically significant diseases so it may help to identify those patients for targeted prophylaxis once a therapy is identified.

Serum uric acid in first trimester can be a good predictor of development of preeclampsia and its estimation is a simple biochemical screening test to predict the development of preeclampsia.

Hyperuricemia is associated with many complications such as hypertension, metabolic syndrome, chronic kidney disease and diabetes in non-pregnant adults. They are high risk factors for the development of

Preeclampsia. Hyperuricemia frequently occurs before the development of hypertension and proteinuria in pregnancy.

Serum uric acid is not only a biomarker for preeclampsia, it can also play an important role in the pathogenesis of preeclampsia. So it was found to have a pathogenic role in the development of preeclampsia. Serum uric acid is a simple screening test in the first trimester to predict high risk patients who are prone to develop preeclampsia.

Preeclampsia is responsible for 16% of maternal mortality even in developed countries according to World Health Organization (WHO). We can prevent 50% of these preeclampsia related deaths.

Thus early identification of high risk pregnancies may enhance development of new strategies for antenatal monitoring to detect the disease at earliest. So we can intervene appropriately to improve maternal and perinatal outcome.

## Review of Literature

Hypertension is the second most common cause of maternal mortality. Preeclampsia is a multisystem disorder affecting every organ in the body. According to International Society for the Study of Hypertension in Pregnancy (ISSHP), Hypertension is defined as systolic blood pressure of  $>140\text{mmHg}$  or diastolic blood pressure of  $90\text{mmHg}$ .

A rise in the systolic blood pressure of  $30\text{ mmHg}$  or a rise in the diastolic blood pressure of  $15\text{mmHg}$ , at least 4 hours apart or a single diastolic blood pressure  $>110\text{mmHg}$  is also considered as hypertension.

Blood pressure gradually decreases to a nadir between 14 and 24 weeks in normal pregnancy and increased to pre-pregnancy levels in third trimester and the fall in blood pressure is due to reduced vascular tone which leads to peripheral vasodilation.

Classification of hypertension disorders complicating pregnancy adopted by the ISSHP [international society for the study of hypertension in pregnancy] are as follows

- Gestational hypertension
- Preeclampsia
- Chronic hypertension
  - Essential
  - Secondary

- Preeclampsia superimposed on chronic hypertension.

## **Gestational Hypertension**

New onset hypertension without proteinuria developing after 20 weeks of gestation in a previously normotensive non-proteinuric women and the blood pressure returns to normal within 12 weeks postpartum.

## **Preeclampsia**

Hypertension associated with proteinuria  $>0.1\text{g/L}$  or more in at least 2 random urine specimens collected at least 6 hours apart or  $>0.3\text{g/dl}$  in a 24 hour collection in a previously normotensive non-proteinuric women developing after 20 weeks of gestation and returns to normal by 12 weeks postpartum.

## **Chronic Hypertension**

Defined as hypertension developing before 20 weeks of gestation without an apparent underlying cause or secondary to renal, endocrine or vascular disorders.

## **Chronic Hypertension Superimposed Preeclampsia**

New onset proteinuria in a woman with chronic hypertension after 20 weeks of gestation.

### **Incidence**

Incidence of hypertensive disorders of pregnancy is about 15-20% of all pregnancies.

Preeclampsia-3 %-8%

### **Risk Factors**

- Nulliparity/primipaternity/teenage pregnancy
- Genetic predisposition
- Increased maternal age
- Multifetal gestation
- Hydatidform mole
- Triploidy
- Hydrops fetalis with large placenta.
- Preeclampsia in a previous pregnancy

- Chronic hypertension
- Renal disease
- Connective tissue disorders
- Obesity
- Insulin resistance
- Diabetes
- H/o thrombophilia
- Antiphospholipid syndrome
- Hyperhomocystinemia
- Sickle cell disease, sickle cell trait

## **Etiopathogenesis**

Preeclampsia is a disease of the placenta and the fetus is not required for the development of preeclampsia.

The following mechanisms contribute to pathogenesis of placenta

- Shallow, endovascular cytotrophoblast invasion in the spiral arteries.



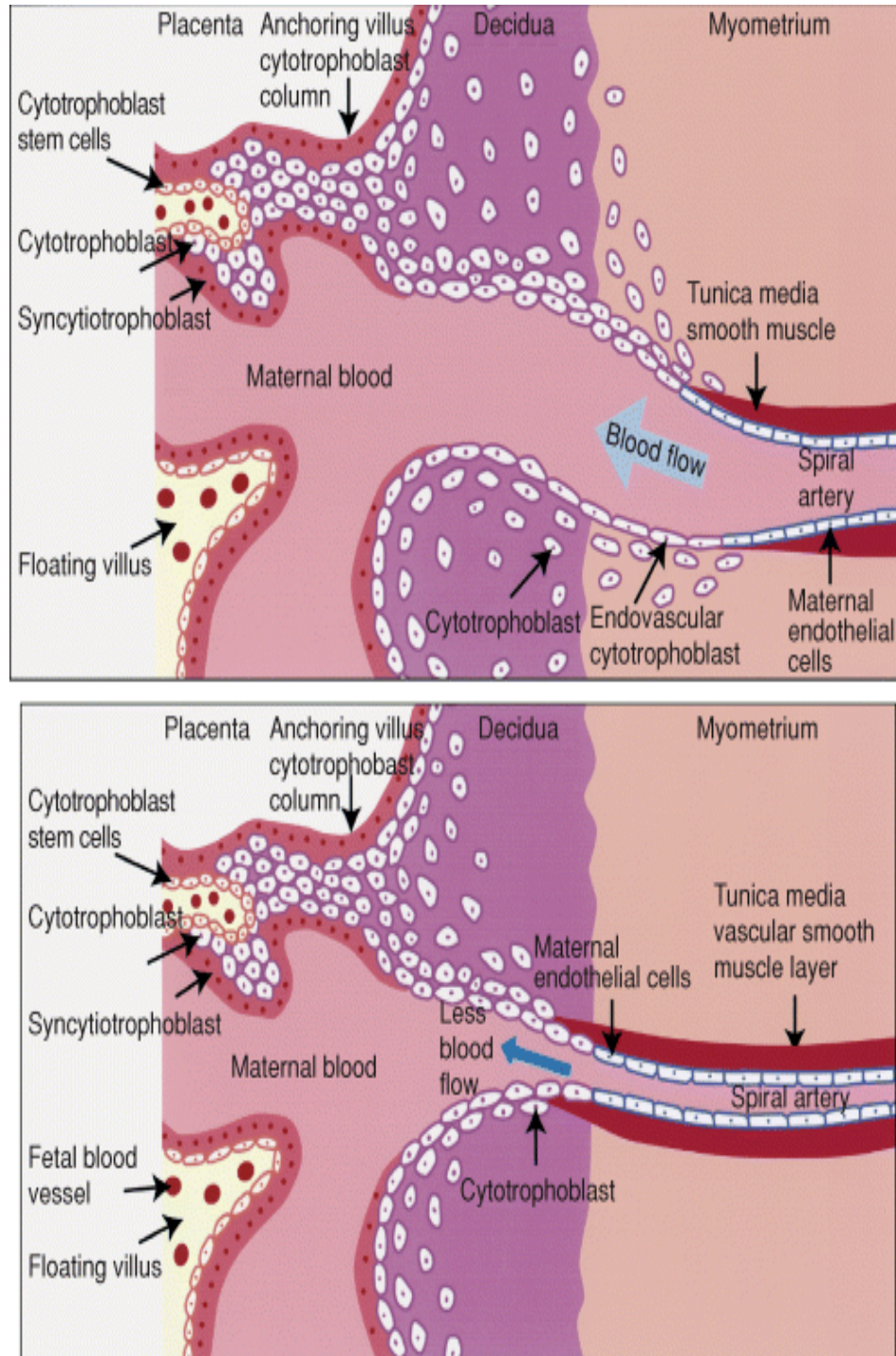
- Endothelial cell dysfunction.
- Immunological maladaptation tolerance to maternal, paternal and fetal tissues.
- Maternal maladaptation to cardiovascular or inflammatory changes of normal pregnancy
- Genetic predisposition.
- Hyperexaggerated inflammatory response.

Preeclampsia is a two stage disorder associated with abnormal placentation and second stage of clinical disease maternal hypertensive syndrome.

## **Abnormal Placentation**

The embryo derived cytotrophoblasts invade the maternal uterine wall during normal placentation and the cytotrophoblasts are found in the smooth muscle and endothelial layers of maternal decidual arteries after invasion.

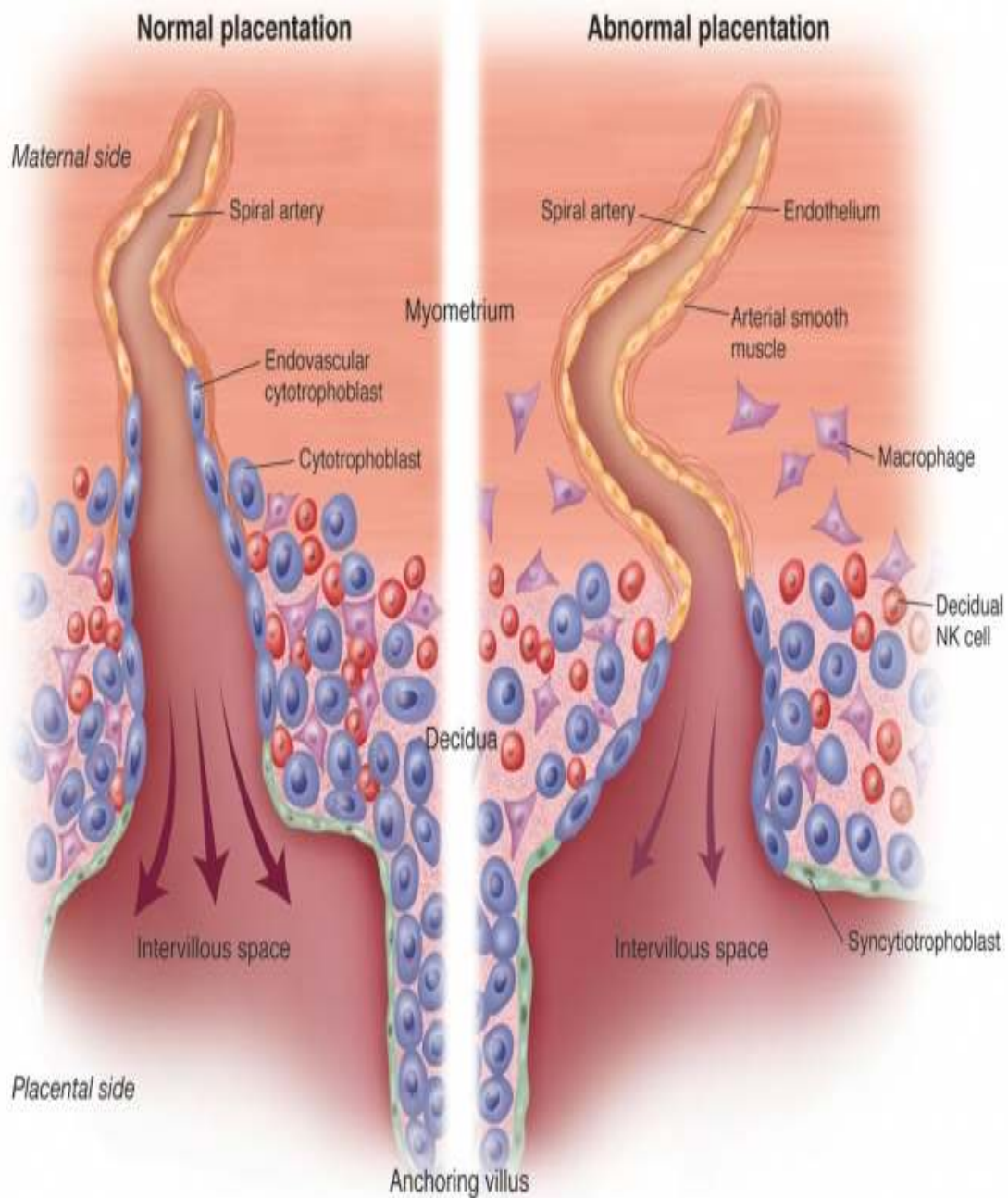
Figure 1 indicates normal and abnormal placentation respectively



The remodelling of maternal vessels into the high capacitance and low resistance vessels which provides access for maternal oxygen and nutrients for the developing fetus and this process is demolished in preeclampsia.

There is incomplete invasion of the trophoblasts which results in narrow bore constricted, high resistance vessels. The shallow invasion of cytotrophoblasts may result in the failure of cytotrophoblasts to adopt an endothelial adhesion phenotype.

Figure 2 indicates normal and abnormal placentation respectively



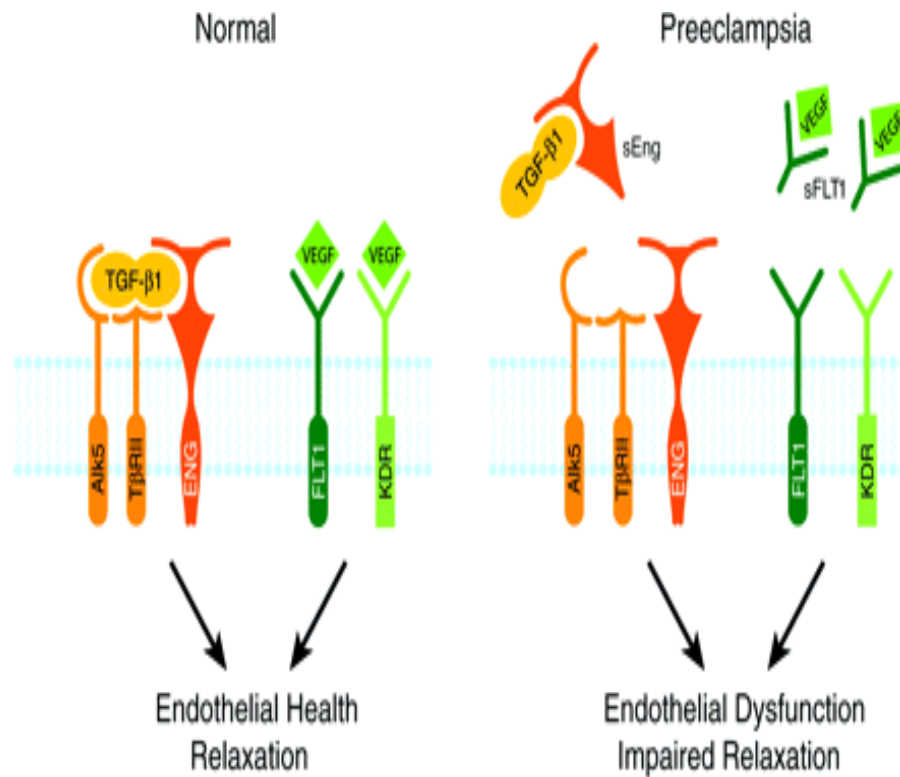
Hypoxia may also contribute to abnormal placental development because under hypoxia there is failure of invasion of trophoblasts in vitro and the hypoxia leads to release of placental debris into the maternal circulation inciting a systemic inflammatory response. So there is high risk of preeclampsia in women who are living at high altitude.

Endothelial cell dysfunction caused by imbalance between prostacyclin and thromboxane. Recently circulating anti-angiogenic proteins have been implicated in the pathogenesis of placenta.

Roberts and Taylor advanced the hypothesis that preeclampsia result from the release of circulating factors leading to widespread endothelial dysfunction. All markers of endothelial injury, fibronectin, factor 8 antigen and thrombomodulin have been reported to increase in patients with preeclampsia.

sFlt-1 (soluble fms like tyrosine kinase) is an anti-angiogenic factor is a potent inhibitor of VEGF and PlGF may play a causal role in the pathogenesis of preeclampsia and it is increased in placenta and blood of preeclampsia patients with onset before 37 weeks, severe preeclampsia patients, preeclampsia with delivery of small for gestational age.

Figure 3 indicates role of angiogenic and anti-angiogenic factors in normal and preeclamptic patients respectively.

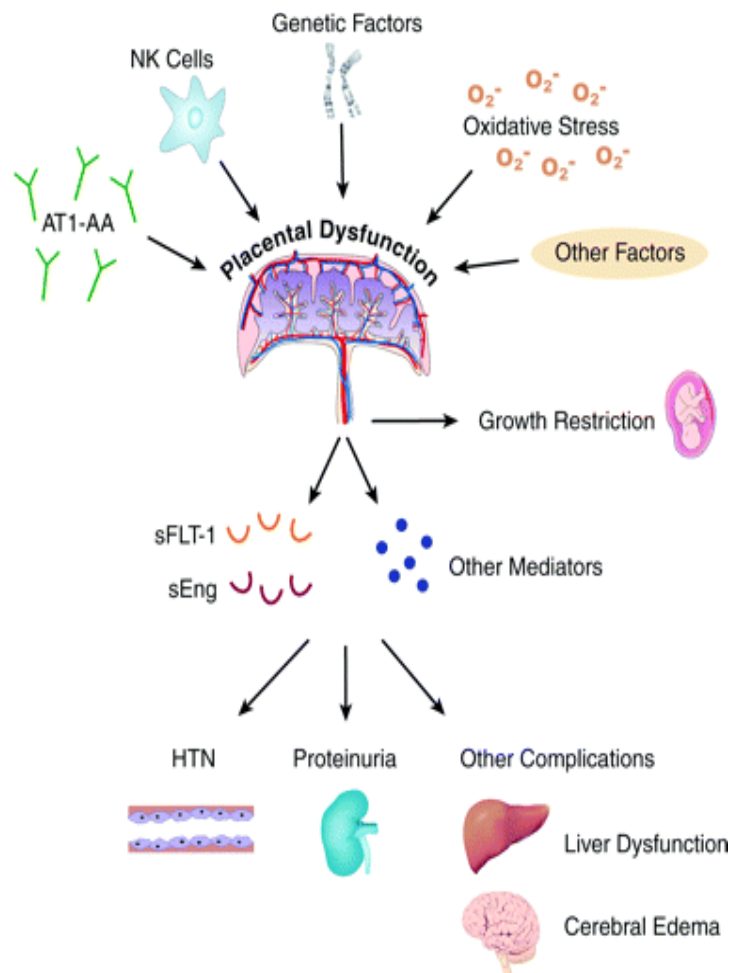


But sFlt-1 levels were increased only within 5 weeks before the onset of hypertension and proteinuria.

Another anti-angiogenic protein sEng soluble endoglin combine with sFlt1 to induce the features of severe preeclampsia and it begins to rise after 20weeks of gestation and rise more steeply after 33 weeks in women of preeclampsia patients.

The concentration of free PIGF is reduced in preeclampsia and PIGF concentration begins to decrease 9-11 weeks before the onset of preeclampsia. Other angiogenic factors like VEGF lower in severe preeclampsia patients. Factors like sFlk-1 (SVEGFR-2) levels found to be lower in preeclampsia patients compared to other patients.

Figure 4 indicates pathogenesis of preeclampsia



Immunologic maldysfunction at maternal fetal interface may contribute to pathogenesis of preeclampsia and the pathologic examination of preeclamptic patients shows increased dendritic and macrophage infiltration and signs of chronic inflammation.

Decidual natural killer cells involved in trophoblastic invasion which promote angiogenesis may contribute to abnormal placental development in preeclampsia.

Other mechanisms like increased angiotensin sensitivity due to angiotensin receptor autoantibodies contribute to pathogenesis of preeclampsia. Alteration in placental enzymes like deficiency of 2-methoxyestradiol involved in pathogenesis of preeclampsia.

Heme oxygenase is a negative regulator of sFlt1 production elevated in smokers which reduces the risk of preeclampsia in smokers.

## **Role of Uric Acid in the Pathogenesis of Preeclampsia**

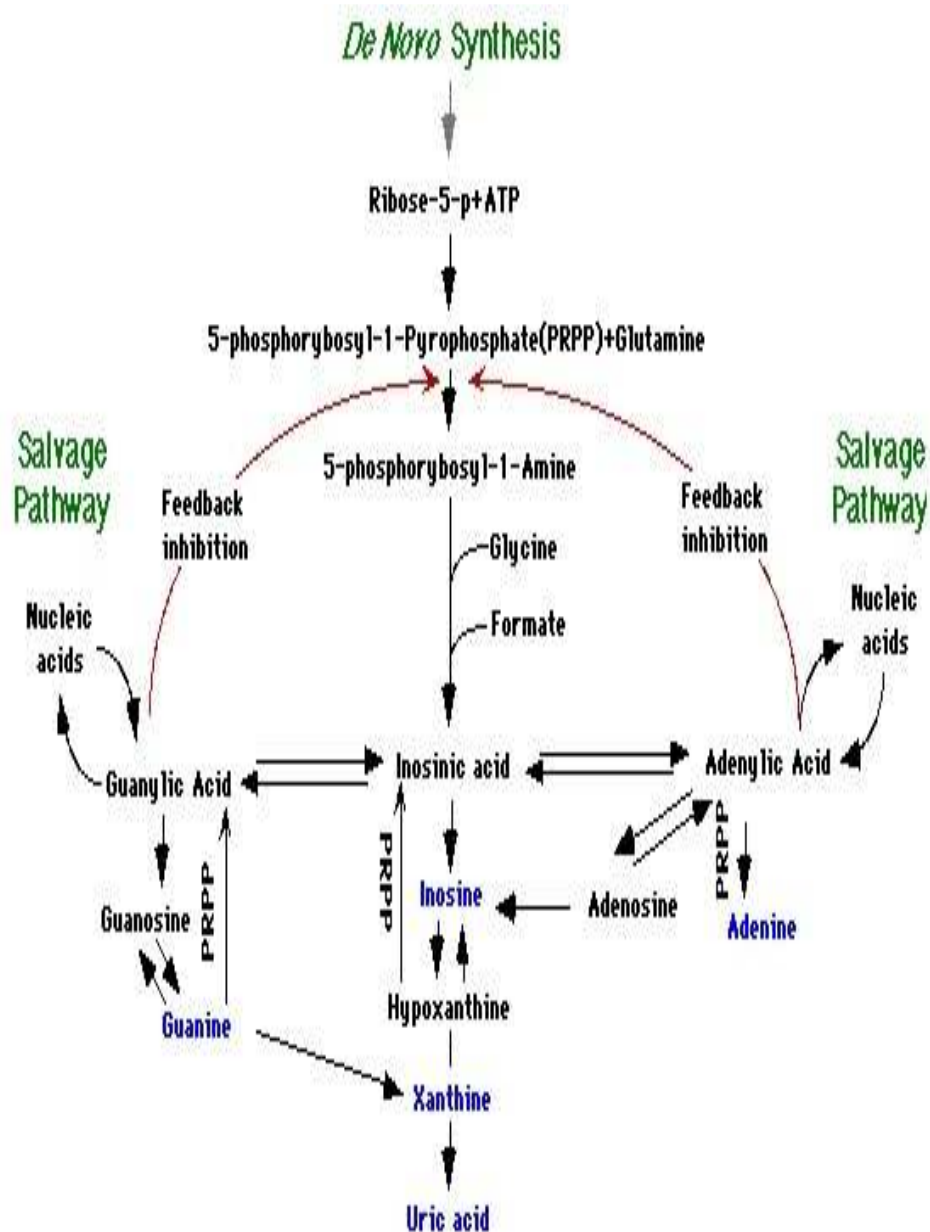
Uric acid is an end product of metabolism of purine compounds and its daily synthesis is about 400mg and from dietary sources about 300mg. Normal uric acid pool in males is about 1200 mg and in females is about 600 mg.



75% of serum uric acid is excreted in urine and its remainder is degraded to allantoin in the gastrointestinal tract by the bacterial enzymes. 98-100% of uric acid is reabsorbed in proximal convoluted tubule and it is secreted into the distal proximal convoluted tubule and further it is absorbed in to the distal convoluted tubule.

Net excretion of uric acid is 6-12% and normal serum urate level in males ranges from 2.5-8mg/d and in females ranges from 1.9- 7.5mg/dl.

Figure 5 indicates synthesis of uric acid from purines



Normally Serum uric level in healthy pregnancies decreases from an average of 4.2mg/dl pre-pregnancy to 3.1 +/- 1.1mg/dl in the first trimester and slowly increases during gestation to an average of 5.2 mg +/- 1.2mg/dl from 35 weeks of gestation to term.

In pregnancy uric acid excretion is disproportionately larger than increase in filtered load, so net reabsorption of uric acid is reduced in normal pregnancy hence fall in serum uric level.

The excretion of serum uric acid remains constant as the pregnancy advances even though there is gradual increase in filtered load.

Uric acid contributes to pathogenesis of preeclampsia by following mechanisms

Uric acid activates the inflammation in the trophoblast and IL-1 beta production which induces inflammation at the maternal fetal interface leading to placental dysfunction and preeclampsia.

- Inhibit endothelial function
- Induce oxidative stress
- Increases systemic blood pressure
- Induces insulin resistance
- Uric acid also inhibits fetal angiogenesis.

## **Placenta**

Characteristic pathophysiologic change is atherosclerosis. Characterized by fibrinoid necrosis, macrophages and mononuclear cell infiltration.

## **Cardiovascular System**

Cardiac changes in preeclamptic patients are increased cardiac afterload and increased cardiac preload and hemoconcentration. Hemoconcentration is due to generalised vasoconstriction that follows endothelial activation and leakage of plasma into interstitial space.

## **Hematology**

Thrombocytopenia is most common finding and less than one lakh platelet count indicates severe disease. Severe preeclampsia is characterized by microangiopathic haemolytic anaemia and associated with FACTOR 8 consumption, increased levels of fibrinopeptides A and B, increased fibrin degradation products and decreased levels of antithrombin, protein C and protein S.

## **Kidney**

Glomerular endotheliosis is the characteristic pathophysiologic change in the kidney. Glomerular endotheliosis occludes the filtration barrier due to fibrin deposition, so glomerular filtration is mildly reduced.

Main pathological change is glomerular and tubular dysfunction and responsible for proteinuria, reduction in glomerular filtration rate and creatinine clearance.

Acute renal failure rarely occurs which is caused by acute tubular necrosis.

Serum uric acid is elevated which is due to enhanced tubular reabsorption. Placental ischemia also causes hyperuricemia due to increased trophoblast turnover and production of purines

## **Liver**

Characteristic features are periportal haemorrhage in the periphery of the liver and increase in the liver enzymes SGOT and SGPT and clinical jaundice can occur. In severe preeclampsia serum transaminases are elevated.

The small haemorrhages combine to form subcapsular hematoma which stretches Glisson's capsule responsible for epigastric pain which is a very serious sign in impending eclampsia.

## Brain

Cerebral vasospasm is the main pathologic finding in brain. Cortical and subcortical petechial hemorrhages are the principal lesions.

In eclampsia cerebral haemorrhages, fibrinoid necrosis and thrombi can occur and secondary to endothelial dysfunction. Cerebral edema can also occur in eclampsia and cerebral haemorrhage which is a rare complication can occur in severe preeclampsia.

Visual changes like scotoma, blurring of vision or diplopia will occur in severe preeclampsia or eclampsia are due to edema of occipital lobe.

Blindness arise from three potential areas

1. Visual cortex of occipital lobe
2. Lateral geniculate nuclei
3. Retina

Purtscher retinopathy resulting from blindness caused by retinal ischemia and infarction. Cortical blindness can also occur due to occipital edema.

## **Eyes**

Commonest finding is localised retinal vasospasm and haemorrhages and papilloedema rarely seen in severe hypertension.

## **Complications**

Preeclampsia is a multisystem disorder affecting every organ in the body.

## **Maternal**

- Eclampsia
- Cerebral haemorrhage
- Cortical blindness
- Pulmonary edema
- Adult respiratory distress syndrome
- HELLP syndrome
- DIC and haemorrhage
- Acute renal failure.

- Hepatic rupture
- Abruptioplacenta and sudden postpartum collapse.
- Stroke
- Long term cardiovascular morbidity

## **Fetal Complications**

- Preterm delivery
- Fetal growth restriction
- Intrauterine death
- Long term cardiovascular morbidity associated with low birth weight



## Predictors of Preeclampsia

Many markers have been proposed as predictors for preeclampsia for early detection of high risk pregnancies to improve maternal and perinatal outcome.

- Biological, biochemical, biophysical markers of placental perfusion
- Markers of Vascular resistance
- Markers of placental - endocrine dysfunction
- Markers of oxidant stress
- Markers of endothelial dysfunction
- Markers of activated coagulation

But no single test is economical and sensitive.

### 1. Diastolic Blood Pressure

Diastolic blood pressure prior to 20 weeks of gestation  $>85\text{mmHg}$

93-97% specificity is more predictor of preeclampsia.

### 2. Mean Arterial Pressure

Mean arterial pressure in the second trimester [18-26weeks]  $>90$

mmHg is more predictor of preeclampsia.

Specificity 68%

### 3. **Gants Roll Over Test** [supine pressor test]

The woman is turned from the left lateral to the supine position. If there is an increase in the diastolic blood pressure of 20mmHg or more, the test is considered positive

### 4. **Isometric Exercise Test**[hand grip test]

Increased systolic BP >15 mmHg

Increased diastolic BP >20mmHg

### 5. **Angiotensin Sensitivity Test**

It is based upon fact that women who destined to develop preeclampsia develop refractoriness between 28-32 weeks of gestation

If pressor response occurs with <8ng/kg/min of infused angiotensin,90% of the patients likely to develop preeclampsia.But this test is invasive.

### 6. **Uterine Artery Doppler**

Normallyin the non-pregnant state diastolic flow is decreased and notching of uterine arteries. In normal pregnancy diastolic notch disappears and flow increases due to trophoblastic invasion.

In preeclampsia second wave of trophoblastic invasion has not occurred and there is persistent of diastolic notch in the uterine artery at 20-22weeks of gestation which is predictive of

preeclampsia. Disappearance of the notch is more likely to predict that the pregnancy is normal.

## **7. Pulse Wave Analysis**

Stiffness in the finger arterial pulse acts as a predictor.

## **8. Raised Serum BETA HCG at 14-20 weeks of gestation**

Beta HCG is increased due to abnormal trophoblastic invasion. It is also increased due to placental dysmaturity. Increased production by hypoxic trophoblasts.

## **9. Tests related to feto placental unit endocrine dysfunction**

- Alpha feto protein
- Estriol levels
- Inhibin levels
- Pregnancy associated plasma proteins
- Activin level
- Placental protein 13
- Corticotrophin releasing hormone

Other markers are

- Platelet count
- Sflt-1 fms like tyrosine kinase receptor
- Endoglin

- Plasminogen activator inhibitor
- Neurokinin bp selectin
- Decreased levels of proangiogenic factors like vascular endothelial factor, placental growth factor, endothelial adhesion molecules

**10. Dyslipidemia** is also predictor of preeclampsia

Lipid markers are triglycerides, free fatty acids and lipoproteins are predictors of preeclampsia.

**11. Serum Uric Acid**

Uric acid is also one of the predictor of preeclampsia. Uric acid is elevated due to abnormal renal function, placental ischemia and trophoblast turn over and production of purines and increased activity of the enzyme xanthine oxidase/dehydrogenase.

Hyperuricemia in pregnancy occurs before the onset of hypertension and proteinuria and found to have a pathogenic role in the development of preeclampsia.

Uric acid is a product of purine degradation catalysed by the enzyme xanthine dehydrogenase/xanthine oxidase and along with production of uric acid free radical superoxide is produced and contributes to oxidative stress.

Humans do not possess the enzyme uricase so uric acid clearance depends upon renal excretion. Uric acid is a potent mediator of inflammation.

## **Uric Acid in Pregnancy**

Uric acid concentration is higher in men and postmenopausal women because estrogen is uricosuric and its concentration in pregnancy falls initially due to high estrogen, expanded plasma volume and increased glomerular filtration rate.

Endothelial cells which produce nitric oxide production reduced by uric acid, hence migratory and invasive phenotype of trophoblast is modified.

In preeclampsia patients since uric acid is elevated prior to 10th week gestation so indirectly contributes to inadequate trophoblast invasion and spiral arteriole remodelling.

Uric acid found to damage the placental vasculature by stimulating the production of mediators of inflammation and inhibit fetal growth. Since uric acid reduces nitric oxide production which is a potent vasodilator there will be altered endothelial function which contributes to pathogenesis of placenta.

The increasing concentration of circulating TNF $\alpha$  in preeclamptic patients positively correlated with serum uric concentrations.

Chronic hyperuricemia is associated with reduced release of endothelium progenitor cells which is reduced in preeclampsia.

To conclude uric acid is converted to urate crystal which acts on placenta and maternal vasculature.

## **Placenta**

- Inhibition of nitric oxide production
- Decreased invasion of trophoblasts and remodelling
- Endothelial cell dysfunction
- Smooth muscle proliferation
- Compromises placental perfusion
- Oxidative stress and inflammation

## **Maternal Vasculature**

- Smooth muscle cell proliferation
- Endothelial cell dysfunction
- Activates inflammation
- Oxidative stress
- Inhibition of endothelial nitric oxide production

## **Management of Preeclampsia**

Hypertension complicating pregnancy is managed according to severity, gestational age and associated preeclampsia. The main objective of treating preeclampsia is to prevent maternal and fetal morbidity and mortality.

### **Management of Mild Preeclampsia**

Mild preeclampsia can be managed on outpatient basis with the help of day care units. Effective monitoring of mother and fetus is essential. Patient should visit hospital at least once weekly after the diagnosis of preeclampsia.

All parameters should be evaluated if they are normal patient can be managed on an outpatient basis. No role of diuretics in the management of preeclampsia except when preeclampsia associated with pulmonary edema.

The use of antihypertensive drugs in mild preeclampsia remains questionable. The main objective of treatment with anti-hypertensive is to reduce the risk of severe hypertension, eclampsia and cerebrovascular haemorrhage.

There is loss of cerebral auto-regulation and risk of cerebral haemorrhage once the mean arterial blood pressure reaches 150mmHg.

The first lines of drugs are

- Labetalol
- Nifedipine
- Alpha-MethylDopa

### **Maternal Monitoring**

- Daily urine albumin
- Blood pressure daily
- Daily weight
- History of imminent symptoms
- Lab tests like platelet count, liver and renal function tests, serum uric acid twice weekly
- Coagulation profile

### **Fetal Monitoring**

- Fetal kick count daily
- NST and amniotic fluid index twice weekly
- Ultrasound to assess gestational age and growth
- Umbilical Artery Doppler.



The only definitive treatment for preeclampsia is delivery. Patients with mild preeclampsia can be induced at 38 weeks of gestation.

Pregnancy should be terminated earlier if there is progression of mild to severe preeclampsia or imminent eclampsia or eclampsia and for obstetric indications like IUGR. If pregnancy is terminated before 34 weeks corticosteroids are given for lung maturity and to prevent respiratory distress syndrome.

Labour can be induced vaginally if there are no obstetric indications for caesarean section. If the cervix is unfavourable induce with dinoprostone gel vaginally and artificial rupture of membranes, oxytocin acceleration if the cervix is favourable. During labour continuous blood pressure monitoring, CTG monitoring and active management of third stage of labour is followed.

## **Severe Preeclampsia**

### **Criteria for severe preeclampsia**

- Systolic blood pressure of  $>160\text{mmHg}$  or diastolic blood pressure of  $110\text{mmHg}$  on at least two occasions 6 hours apart
- $5\text{g}$  proteinuria or higher in a 24 hour urinary specimen
- Oliguria
- Pulmonary edema

- Visual disturbances
- Epigastric pain
- Thrombocytopenia
- Elevated liver enzymes
- Fetal growth restriction

Since there is deterioration of maternal or fetal condition the only definitive treatment is delivery. Severe preeclampsia >34 weeks is terminated if there is worsening of biochemical parameters. Less than 24 weeks also best managed by termination whereas onset of severe preeclampsia <34 weeks but greater than 28 weeks there is role of expectant management for the sake of the fetus.

### **Management of severe preeclampsia**

- Admit to the labour ward.
- Complete maternal and fetal evaluation within 24 hours.
- Start anti-hypertensives if systolic BP >160 or diastolic BP >110 to prevent cerebral haemorrhage.
- Use prophylactic magnesium sulphate regimen is used to prevent or reduce complications and rate of seizures.
- Inject steroids to help speed the infant's lung maturity.

- Terminate pregnancy immediately if there is deterioration of maternal or fetal condition or developing complications like eclampsia, pulmonary oedema, abruption placentae, disseminated intravascular coagulation (DIC), acute renal failure, HELLP syndrome, non-reassuring fetal status pregnancy is immediately terminated.

### **Intrapartum Management**

- Close monitoring of blood pressure is necessary. IV labetalol can be used for high blood pressure.
- Rapid fall in blood pressure is detrimental to both mother and fetus, so close monitoring is needed.
- Continue to use magnesium sulphate to prevent convulsions.
- Avoid fluid overload as preeclamptic patients are prone for pulmonary oedema.
- Transfuse fresh frozen plasma or blood products if there is DIVC.
- Indicate caesarean section if there is worsening of maternal condition, non-reassuring fetal pattern, failed induction or other associated obstetric indications.

## Eclampsia

- Eclampsia is defined as onset of generalised tonic clonic seizures in a preeclamptic patient.
- It has a risk to both mother and fetus.
- Eclampsia can be classified as antepartum, intrapartum and postpartum.
- Tonic clonic seizures preceded by premonitory stage in the form of facial and mouth twitching.
- Major complications are abruption placenta, neurological deficit, aspiration pneumonitis, pulmonary edema, cardiopulmonary arrest and acute renal failure.

## Management of Eclampsia

- First and Foremost is the effective resuscitation.
- Nurse in semiprone position and immediately protect the airway
- Give nasal oxygen and effective oral suctioning to prevent aspiration pneumonitis.
- Convulsions are controlled by giving intravenous loading dose of magnesium sulphate followed by intramuscular maintenance dose of magnesium sulphate. Intravenous dose 4g iv dose of 20% magnesium sulphate over 5-10 minutes followed by 5g im dose of 50% magnesium sulphate should be given on both buttocks followed by maintenance dose of 5g im every 4 hours over 24 hours. Monitor for magnesium sulphate

toxicity and to continue maintenance dose after ensuring presence of patellar reflex, respiratory rate and urine output. Magnesium sulphate toxicity is treated with intravenous 1g of 10% solution of calcium gluconate.

- Antihypertensives should be initiated to control the blood pressure.
- Avoid fluid overload. Diuretics are indicated only in pulmonary edema.
- Blood sample should be sent for platelet count, liver function test and renal function test.
- After stabilising the patient, pregnancy is terminated.
- Based on obstetric indications mode of delivery is planned.

## **HELLP Syndrome**

This is a severe form of preeclampsia.

### **Diagnostic Criteria**

- Hemolysis
- Elevated liver enzymes
- Low platelet count
- Abnormal blood smear
- LDH >600IU/L
- AST >70IU/L
- Elevated indirect bilirubin

According to **MISSISSIPPI** Classification

Class 1 [severe] -AST or ALT >70U/L

LDH> 600U/L

Platelets <50-100 \*10<sup>9</sup><sub>U/L</sub>

Class 2 [moderate]- AST or ALT >70U/L

LDH >600U/L

Platelets >50-100 \*10<sup>9</sup><sub>U/L</sub>

Class 3 [mild] - AST or ALT >40U/L

LDH >600U/L

Platelets 100-150 \*10<sup>9</sup><sub>U/L</sub>

## Symptoms

- Right upper quadrant or epigastric pain
- Nausea, vomiting
- Headache
- Visual changes
- Jaundice

Figure 6 indicates abdominal CT Showing a subcapsular haematoma in a woman with HELLP syndrome



## **Complications**

- Placental abruption
- DIC
- Acute renal failure
- Severe ascites
- Cerebral edema
- Pulmonary edema
- Wound hematoma
- Subcapsular liver hematoma
- Liver rupture

## **Management of HELLP Syndrome**

- Deliver rather than expectant management for pregnancies more than 34weeks
- For pregnancies less than 34 weeks deliver after a course of steroids. Steroids enhance the fetal lung maturity and improve the maternal platelet count.
- Other tried modalities in HELLP syndrome are antithrombotics, dialysis, plasma exchange with FFP and plasmapheresis.



## **Preventive Measures of Preeclampsia**

- No role of sodium restriction in the prevention of preeclampsia and salt restriction is not recommended.
- Antioxidants also not recommended.
- No role of diuretics in the prevention.
- According to some studies supplementation of low dose aspirin found to reduce the incidence of IUGR and preterm labour, 19% reduction in risk of preeclampsia, 16% reduction in risk of fetal or neonatal deaths.
- Low calcium intake increases blood pressure by stimulating release of parathyroid hormone which increases intracellular calcium in vascular smooth muscle and vasoconstriction and extracellular ionized calcium is necessary for the production of nitric oxide and regulation of vascular tone, hence calcium supplementation found to reduce the risk of preeclampsia in high risk population and in women with low intake of dietary calcium.
- No randomized trials for heparin or low molecular weight heparin, hence not recommended.

Various studies have shown that serum uric acid plays an important role in the pathogenesis of preeclampsia and serum uric is elevated in preeclampsia patients and its levels correlate with severity of the disease and associated with poor perinatal outcome

According to recent studies estimation of serum uric acid in the first trimester can be used as a predictor of preeclampsia.

1] Gianni Bellomo and Sandra Venanzi et al [2011] studied the prognostic significance of serum uric acid in women with gestational hypertension.

Their studies shown that serum uric acid is a reliable predictor of preeclampsia

They studied 206 primiparasreferred for recent onset of hypertension with asingleton pregnancy.

Receiver operating curve analysis showed that serum uric at a 309 $\mu$ mol/l predicted the development of preeclampsia with 87.7% sensitivity and93.3% specificity.

In conclusion women with suspected hypertension in pregnancy serum uric acid >309 $\mu$ mol/L accurately predicted the development of preeclampsia.

2]Jeltsfe. S.Chossen and Hanna De Rayter studied the accuracy of determining serum uric acid before 25<sup>th</sup> gestational week in predicting preeclampsia.

3]Annabel.C at al studied the pathogenic role of uric acid in preeclampsia.He mentioned that preeclampsia which is characterised by widespread endothelial dysfunction andinflammation might be propagated by uric acid.

4] Karla Periera and Cristine Knoppka studied the association between serum uric acid and severity of preeclampsia.

They evaluated serum uric acid as a marker of severity of preeclampsia and found that concentration of serum uric acid in pregnant women with preeclampsia is associated with severity of the disease and it contributes to better monitoring of mother and new-born.

5] Robert W. Power at al did a study on uric acid concentrations in early pregnancy among preeclamptic women with gestational hyperuricemia at delivery. He concluded his study by saying that maternal serum uric acid concentrations increased significantly from early pregnancy.

Uric acid increase more rapidly across pregnancy in women who develop HPU preeclampsia and HU pregnant women after 25 weeks of gestation compared with control pregnant women.

6]Bain Bridge[2008] et al in his study described the pathogenic role of uric acid in preeclampsia.

7]Robert JM et al studied that maternal xanthine oxidase as a source of free radical and uric acid generation in preeclampsia. He found that increased xanthine oxidase in the skin of preeclamptic women.

8] Richard J. Johnson and Mehmet Kanbay et al studied that estimation of serum uric acid is a clinically useful marker to distinguish preeclampsia from gestational hypertension.

In his studies he stated that elevated uric acid has 8-9 fold risk for preeclampsia, 1.6-1.7 fold increased risk for SGA and uric acid of 5.2mg/dl has excellent sensitivity and specificity and likelihood ratio for diagnosis and prognosis.

9]Disha Sahijwani and Ajesh Desai et al in his studies showed that serum uric acid as a prognostic marker of pregnancy induced hypertension.

Retrospective study was done on 80 women of pregnancy induced hypertension including both gestational hypertension and preeclampsia from January 2011- March 2012. Results states that serum uric acid more than 6mg/dl is associated with maternal complications especially eclampsia and low birthweight.

10]S.K.Laughon et al, J.Catov et al [2011] studied on first trimester serum uric acid and adverse pregnancy outcome. It is a prospective cohort study and the study among first trimester patients of about 1541.

Over all 111 women developed gestational hypertension, 60 women developed preeclampsia and 1370 women remained normotensive.

Conclusion was higher uric acid in the first trimester associated with increasing risk of developing preeclampsia but not gestational hypertension. First trimester uric acid not related with preterm and small for gestational age.

## **Aim of the Study**

- To estimate whether an elevated uric acid level in the first trimester is associated with an increase in occurrence of preeclampsia.
- To predict the cut off value of uric acid for the outcome preeclampsia.

## **Study design**

Prospective cohort study

## **Study Period**

The study was carried out between November 2012 to November 2013.

## **Inclusion Criteria**

1. All pregnant women with single ton gestation
2. With LMP and USG confirmed pregnancy <13 weeks of gestation.

## **Exclusion Criteria**

1. Women with chronic hypertension
2. Women with H/o renal disorders
3. Women with H/o gout.
4. Women with H /o diabetes

## Sample Size

Sample size is calculated by using the following formula:

$$\text{Sample size } n = \frac{[DEFF * Np(1-p)]}{[(d^2/Z^2_{1-\alpha/2} * (N-1) + p * (1-p))]}$$

First trimester registered antenatal patients approximately is 1000

I have assumed elevation of serum uric among antenatal population is 20%, since study related is not available.

Population size [for finite population correction factor fpc][N]:1000

Hypothesized % frequency of outcome factor in the population[p]:20%+/-5

Confidence limits as % of 100[absolute +/-%[d]:5%

Design effect [for cluster surveys DEFF]:1

Hence sample size for my study is 197



## Methodology

A total of 197 antenatal patients who attended the antenatal clinic of the department of obstetrics and gynaecology, Government Kilpauk Medical College, were selected based on inclusion and exclusion criteria after obtaining their consent.

All selected women were subjected to a detailed history comprising of age, parity, body weight and height, LMP, medical history, drug history, previous obstetric history, previous H/o preeclampsia.

They were subjected to clinical examination and BP was recorded. Routine laboratory investigations were done.

On the next day fasting sample was taken from these patients for measuring serum uric acid level. Serum uric acid was measured by autoanalyzer.

- These patients were regularly followed up in the antenatal OP once in 4 weeks till 28 weeks then once in two weeks till their delivery and thorough clinical examination were done focusing their blood pressure and urine albumin. All details were entered. The patients who developed preeclampsia were grouped as preeclampsia cohort.
- The patients who were normotensive till delivery were grouped as normal cohort.

- The factors taken for analysis were age distribution, obstetric score, body mass index, history of preeclampsia in previous pregnancies and the serum uric acid.
- The predictive value of serum uric acid is determined by the ROC Curve.
- Logistic regression model was used to estimate the causal effect of each predisposing factor on outcome and to find out the most effective predictor.

Definitions used for the diagnosis of preeclampsia was according to International Society for the Study of Hypertension in Pregnancy [ISSHP],hypertension is defined as systolic blood pressure of >140 mmHg or diastolic blood pressure of >90mmHg.

A rise in the systolic blood pressure of 30mmHg or rise in the diastolic blood pressure of 15mmHg, atleast 4 hours apart associated with proteinuria of at least 1+ or 1g/L on dipstick.

## **Results of the Study**

## Age Distribution

**Table - 1**

Age In Years	Preeclampsia Cohort		Normal Cohort	
	No. of Cases	%	No. of Cases	%
<b>&lt;24 Years</b>	9	56.25	114	62.98
<b>25-29 Years</b>	5	31.25	50	27.63
<b>&gt;30 Years</b>	2	12.50	17	9.39
<b>Total</b>	<b>16</b>	<b>100</b>	<b>181</b>	<b>100</b>

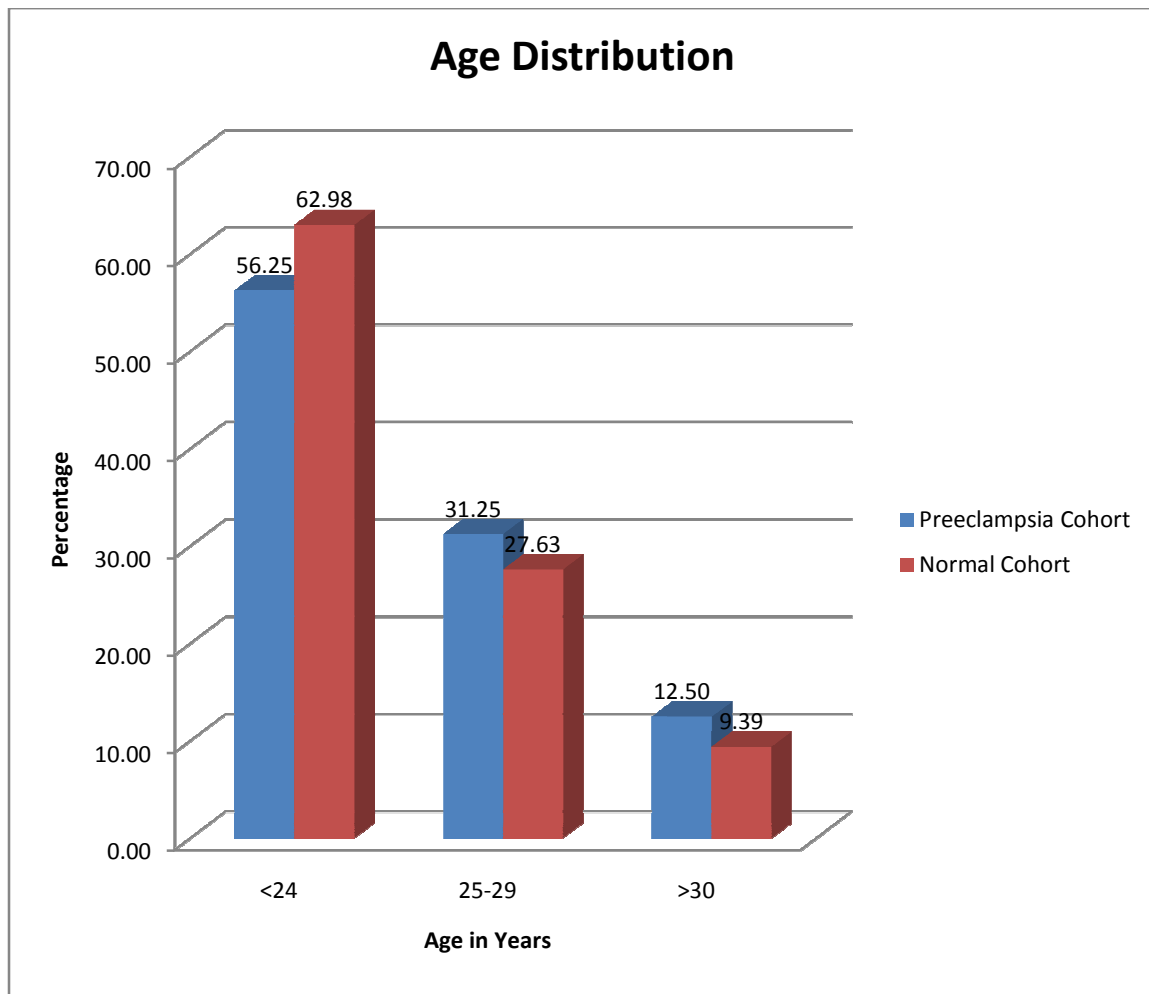
Pearson Chi-Square test value is 0.802

P value is 0.654

56.25% of the patients in preeclampsia cohort and 62.98% of the patients in the normal cohort were in the age group of <24 years.

31.25% of the patients in preeclampsia cohort and 27.63% of the patients in the normal cohort were in the age group of 25-29 years.

12.50% of the patients in preeclampsia cohort and 9.39% of the patients in the normal cohort were in the age group of >30 years.



### Inference

P value 0.654 is not significant. There is no statistical significant difference between preeclampsia & normal cohort with respect to age distribution.

## Comparison of Age Vs Serum Uric Acid Level

**Table - 2**

Group Statistics					
Metrics		No.	Mean	Std. Deviation	Std. Error Mean
Age	serum uric acid greater than cut off value (4.9 mg/dl)	31	23.74	3.109	0.558
	serum uric acid within cut off value (4.9 mg/dl)	166	23.83	3.586	0.278

The mean age of the patients with elevated serum uric acid levels is 23.74.

The mean age of the patients with normal serum uric acid levels is 23.83.

There is no statistical significant difference between age and uric acid levels.

## Comparison of Obstetric Score Vs Serum Uric Acid Level

**Table - 3**

Gravida and Serum Uric Acid value >4.9 mg/dl (cut off)				
Gravida	Metrics	Serum Uric Acid Level		Total
		Within cut off value (4.9 mg/dl)	Greater than cut off value (4.9 mg/dl)	
1	Count	111	18	129
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	66.87%	58.06%	65.48%
	% of Total	56.35%	9.14%	65.48%
2	Count	45	10	55
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	27.11%	32.26%	27.92%
	% of Total	22.84%	5.08%	27.92%
3	Count	9	2	11
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	5.42%	6.45%	5.58%
	% of Total	4.57%	1.02%	5.58%
4	Count	1	1	2
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	0.60%	3.23%	1.02%
	% of Total	0.51%	0.51%	1.02%

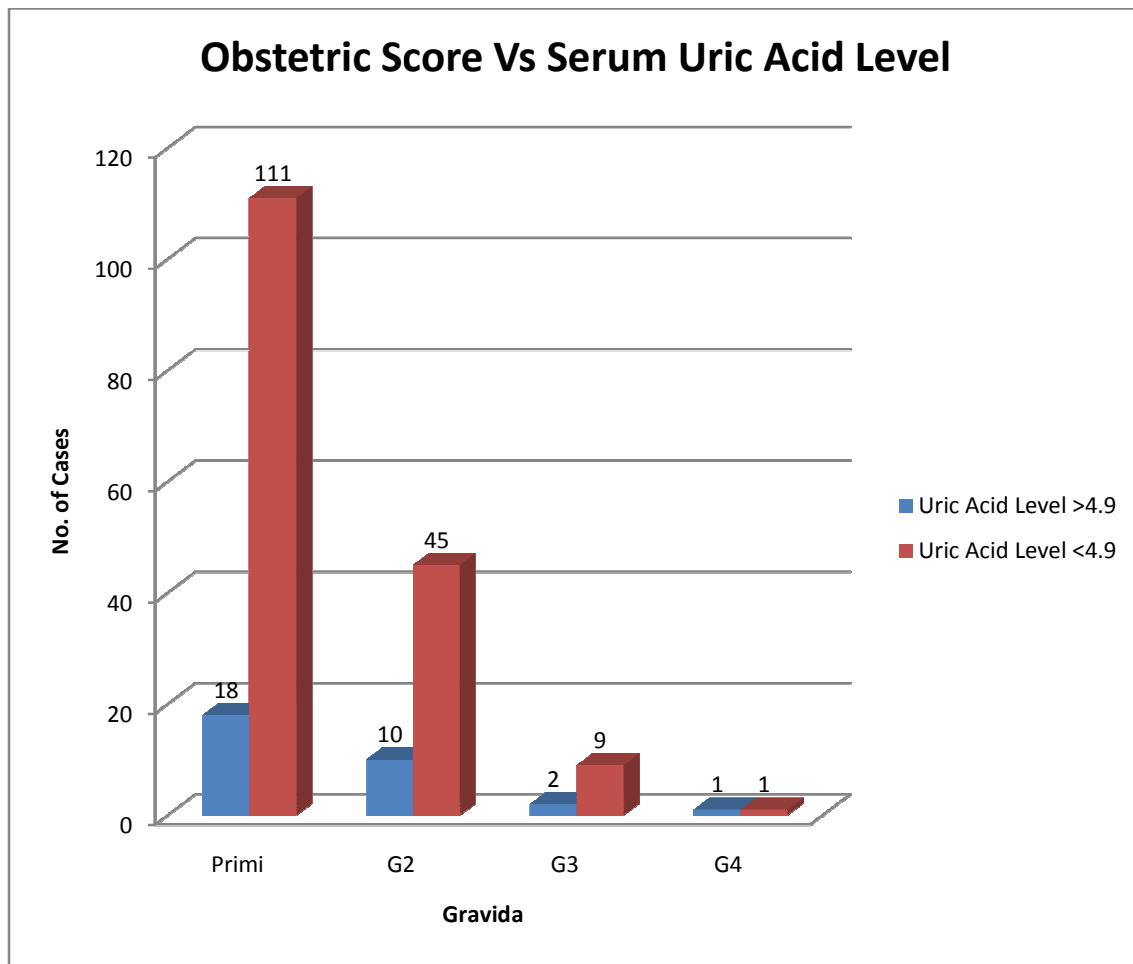
	Count	166	31	197
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	100.00%	100.00%	100.00%
<b>Total</b>	% of Total	84.26%	15.74%	100.00%

S. No.	Parity	No. of Cases	% of Cases	Uric Acid Level >4.9	% of Cases	Uric Acid Level <4.9	% of Cases
1	Primi	129	65.48%	18	9.14%	111	56.35%
2	G2	55	27.92%	10	5.08%	45	22.84%
3	G3	11	5.58%	2	1.02%	9	4.57%
4	G4	2	1.02%	1	0.51%	1	0.51%

Pearson Chi-Square test value is 2.378

P value is 0.498





### Inference

P value 0.498 is not significant. There is no statistical significant difference between serum uric acid levels with respect to obstetric score.

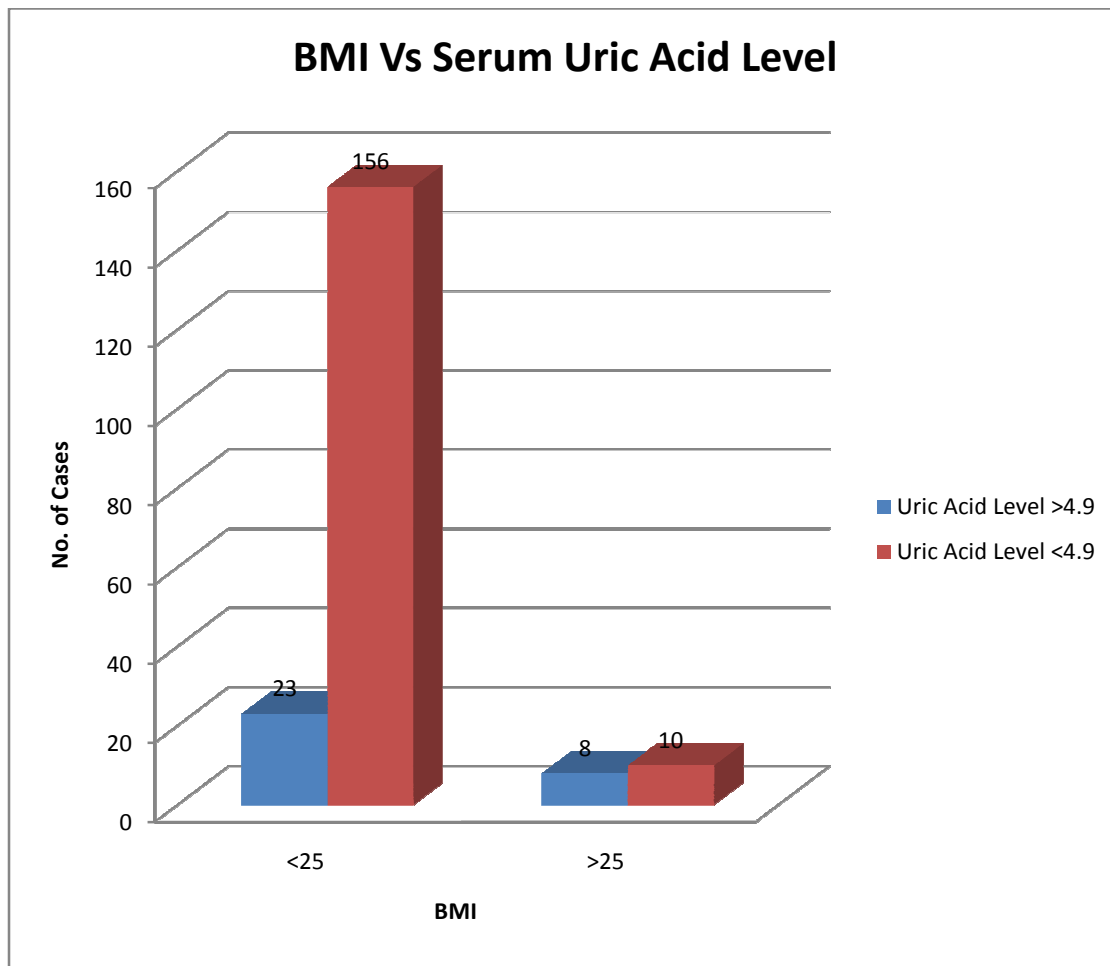
## Comparison of BMIVs Serum Uric Acid Level

**Table - 4**

<b>Group Statistics</b>					
<b>Metrics</b>		<b>No.</b>	<b>Mean</b>	<b>Std. Deviation</b>	<b>Std. Error Mean</b>
<b>BMI</b>	<b>serum uric acid greater than cut off value (4.9 mg/dl)</b>	31	22.27742	2.7518127	0.4942402
	<b>serum uric acid within cut off value (4.9 mg/dl)</b>	166	22.1006	2.1384644	0.165977

<b>S. No.</b>	<b>BMI</b>	<b>No. of Cases</b>	<b>% of Cases</b>	<b>Uric Acid Level &gt;4.9</b>	<b>% of Cases</b>	<b>Uric Acid Level &lt;4.9</b>	<b>% of Cases</b>
1	<25	179	90.86	23	12.85	156	87.15
2	>25	18	9.14	8	44.44	10	55.56

P value is 0.167



### Inference

Mean BMI among patients with elevated uric acid levels is 22.27

Mean BMI among patients with normal uric acid levels is 22.10

P value 0.167 is not significant. There is no statistical significant association between BMI with respect to uric acid.

## Comparison of GAVs Serum Uric Acid Level

**Table - 5**

<b>Group Statistics</b>					
<b>Metrics</b>		<b>No.</b>	<b>Mean</b>	<b>Std. Deviation</b>	<b>Std. Error Mean</b>
<b>GA at sampling</b>	<b>serum uric acid greater than cut off value (4.9 mg/dl)</b>	31	11.52	0.508	0.091
	<b>serum uric acid within cut off value (4.9 mg/dl)</b>	166	11.54	0.547	0.042

P value is 0.494

### **Inference**

Mean GA among patients with elevated uric acid levels is 11.52

Mean GA among patients with normal uric acid levels is 11.54

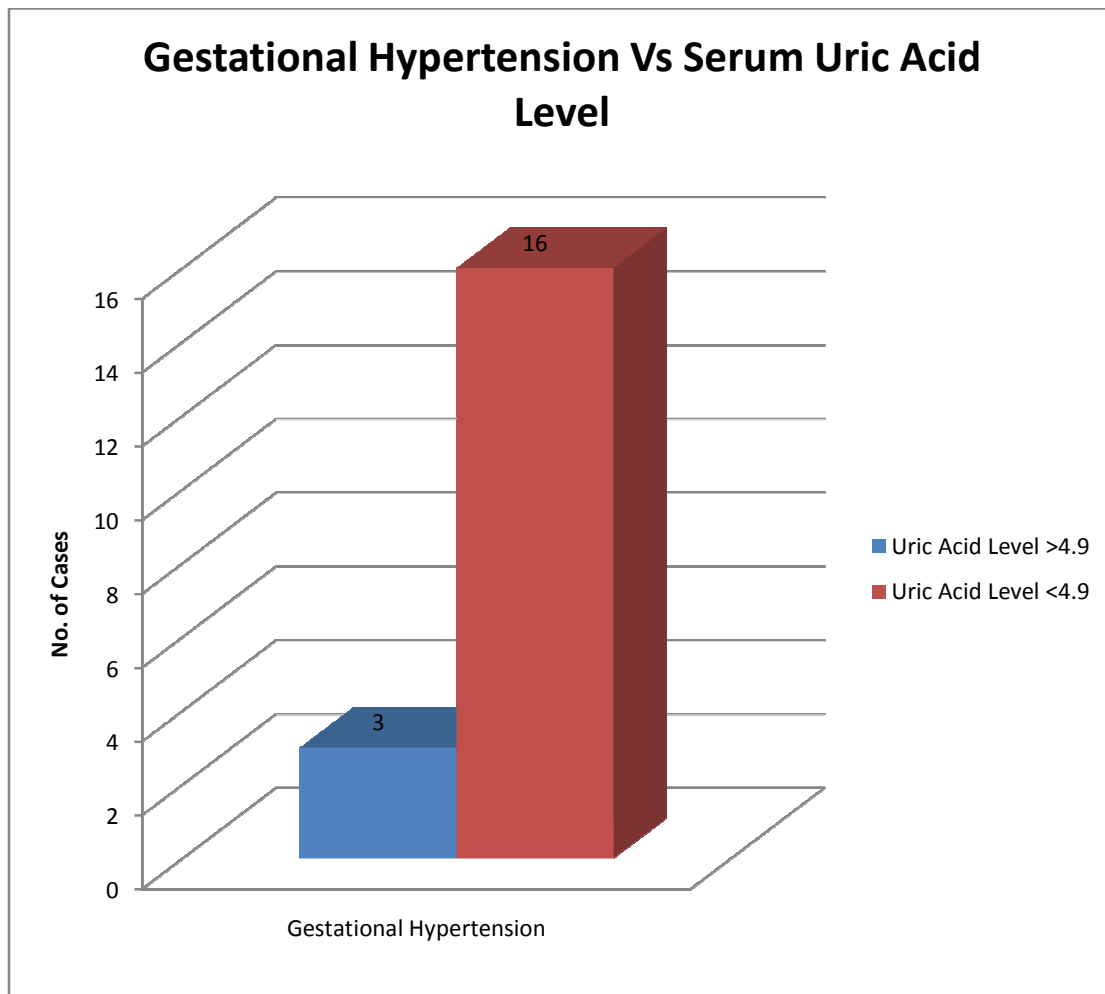
P value 0.494 is not significant. There is no statistical significant association between GA with respect to uric acid.

## Correlation between Gestational Hypertension and Serum Uric Acid Level

**Table -6**

<b>Gestation Hypertension and Serum Uric Acid value &gt;4.9 mg/dl (cut off)</b>				
<b>Crosstab</b>				
<b>Condition</b>	<b>Metrics</b>	<b>Serum Uric Acid Level</b>		<b>Total</b>
		<b>Within cut off value (4.9 mg/dl)</b>	<b>Greater than cut off value (4.9 mg/dl)</b>	
<b>Gestation Hypertension = No</b>	Count	150	28	178
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	90.36%	90.32%	90.36%
	% of Total	76.14%	14.21%	90.36%
<b>Gestation Hypertension = Yes</b>	Count	16	3	19
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	9.64%	9.68%	9.64%
	% of Total	8.12%	1.52%	9.64%
<b>Total</b>	<b>Count</b>	<b>166</b>	<b>31</b>	<b>197</b>
	<b>% within &amp; greater than serum uric acid cut off value (4.9 mg/dl)</b>	<b>100.00%</b>	<b>100.00%</b>	<b>100.00%</b>
	<b>% of Total</b>	<b>84.26%</b>	<b>15.74%</b>	<b>100.00%</b>

<b>S. No.</b>	<b>Total No. of Cases who developed Gestational Hypertension</b>	<b>% of Total Cases</b>	<b>Uric Acid Level &gt;4.9</b>	<b>% of Cases</b>	<b>Uric Acid Level &lt;4.9</b>	<b>% of Cases</b>
1	19	9.64	3	1.52	16	8.12



### Inference

The mean serum uric acid level among patients with gestational hypertension in the first trimester is not high.

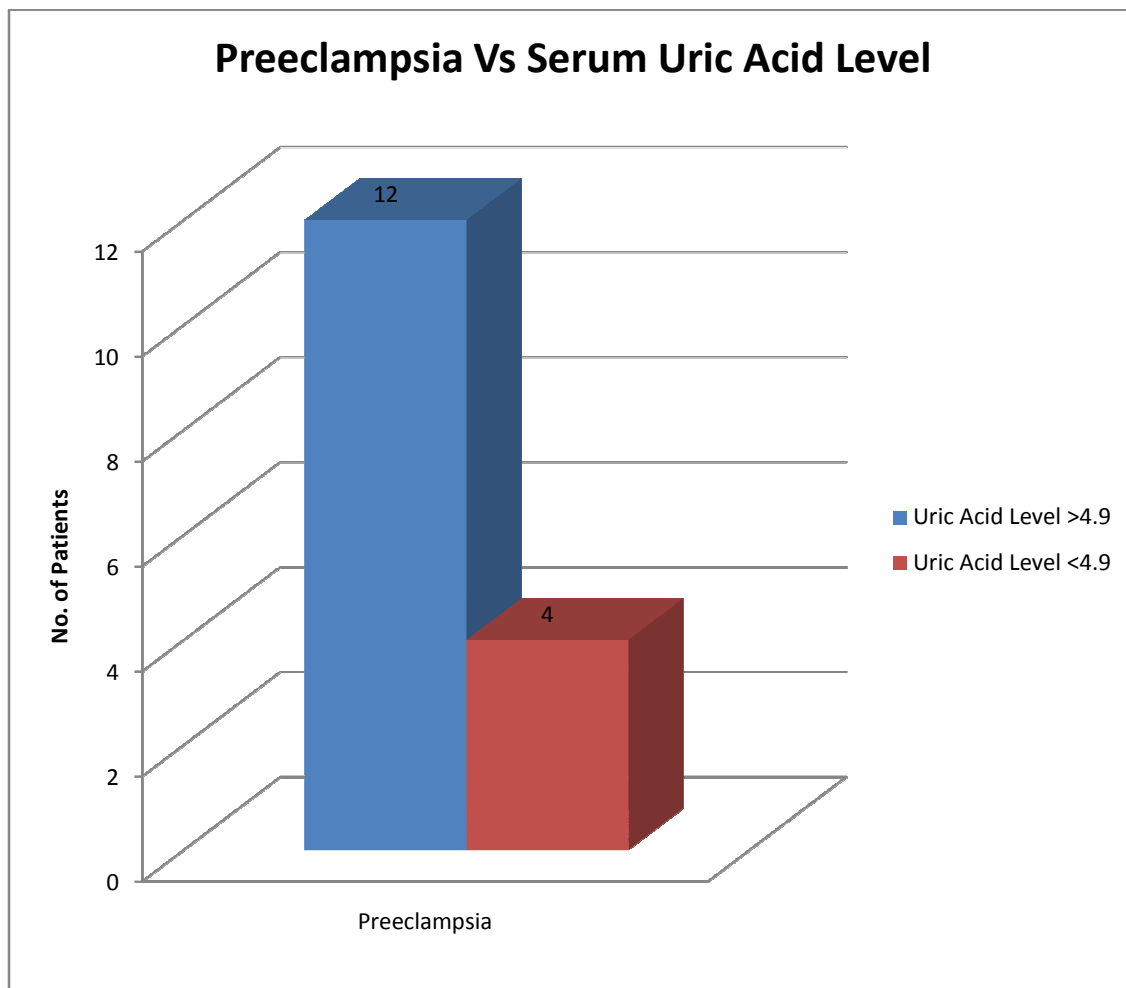
P value 0.995 is not significant. Hyperuricemia in the first trimester is not significantly associated with gestational hypertension.

## Correlation between Preeclampsia and Serum Uric Acid Level

**Table - 7**

<b>Preeclampsia and Serum Uric Acid value &gt;4.9 mg/dl (cut off)</b>				
<b>Crosstab</b>				
<b>Condition</b>	<b>Metrics</b>	<b>Serum Uric Acid Level</b>		<b>Total</b>
		<b>Within cut off value (4.9 mg/dl)</b>	<b>Greater than cut off value (4.9 mg/dl)</b>	
<b>Preeclampsia = No</b>	Count	162	19	181
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	97.59%	61%	97.46%
	% of Total	82.23%	9.6%	97.46%
<b>Preeclampsia = Yes</b>	Count	4	12	16
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	2.41%	38.71%	41%
	% of Total	2.03%	6.09%	8.12%
<b>Total</b>	<b>Count</b>	<b>166</b>	<b>31</b>	<b>197</b>
	<b>% within &amp; greater than serum uric acid cut off value (4.9 mg/dl)</b>	<b>100.00%</b>	<b>100.00%</b>	<b>100.00%</b>
	<b>% of Total</b>	<b>84.26%</b>	<b>15.74%</b>	<b>100.00%</b>

<b>S. No.</b>	<b>Total No. of Patients who developed Preeclampsia</b>	<b>% of Total Cases</b>	<b>Uric Acid Level &gt;4.9</b>	<b>% of Cases</b>	<b>Uric Acid Level &lt;4.9</b>	<b>% of Cases</b>
1	16	8.12	12	6.09	4	2.03



### Inference

Prevalence of the preeclampsia from my study is 16 patients - 8%

Among those 12 (6%) patients with hyperuricemia in the first trimester developed preeclampsia.

P value 0.0000001 is strongly significant. Hyperuricemia in the first trimester is significantly associated with preeclampsia.

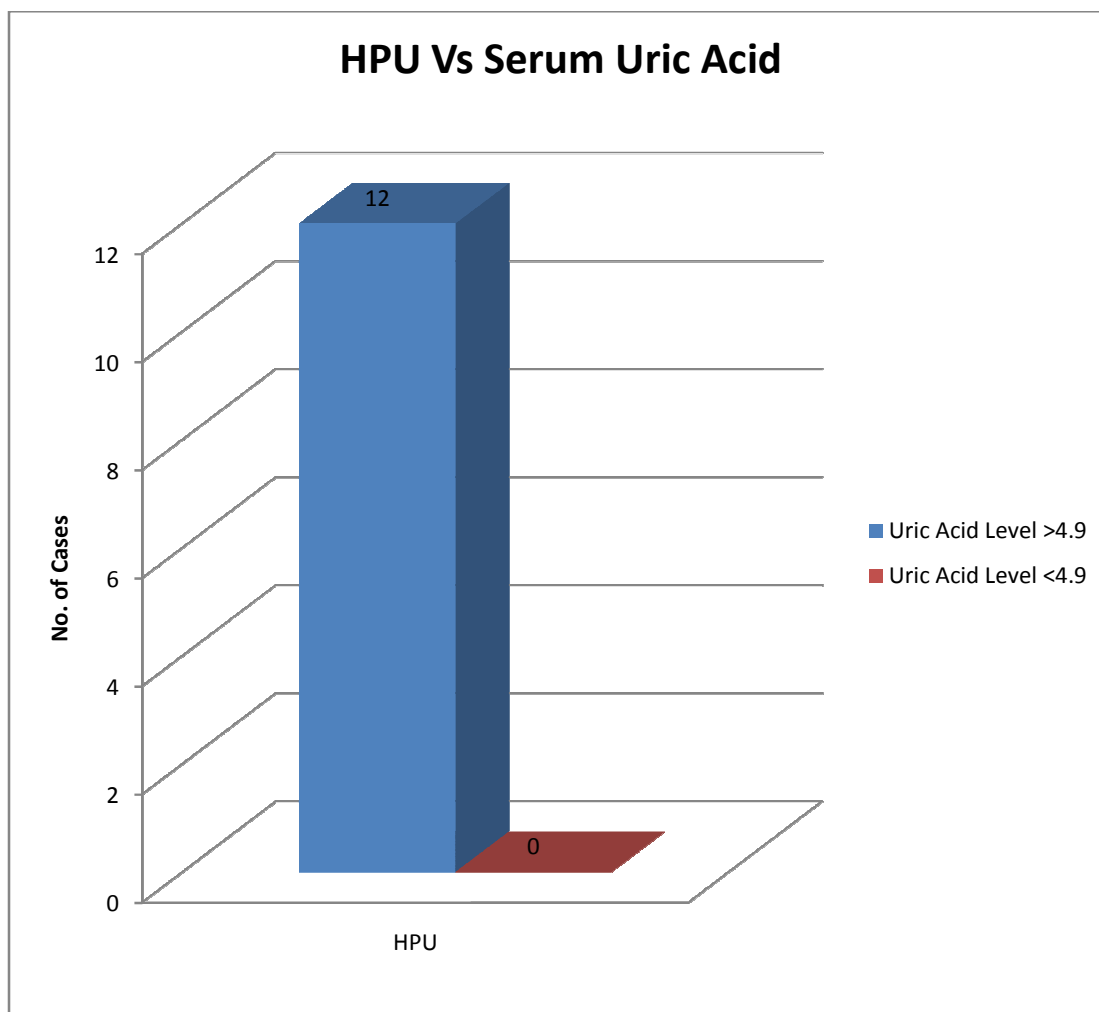


## Correlation between HPU and Serum Uric Acid Level

**Table - 8**

<b>HPU and Serum Uric Acid value &gt;4.9 mg/dl (cut off)</b>				
<b>Crosstab</b>				
<b>Condition</b>	<b>Metrics</b>	<b>Serum Uric Acid Level</b>		<b>Total</b>
		<b>Within cut off value (4.9 mg/dl)</b>	<b>Greater than cut off value (4.9 mg/dl)</b>	
<b>HPU = No</b>	Count	166	19	185
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	100.00%	61.29%	93.91%
	% of Total	84.26%	9.64%	93.91%
<b>HPU = Yes</b>	Count	0	12	12
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	0.00%	38.71%	6.09%
	% of Total	0.00%	6.09%	6.09%
<b>Total</b>	<b>Count</b>	<b>166</b>	<b>31</b>	<b>197</b>
	<b>% within &amp; greater than serum uric acid cut off value (4.9 mg/dl)</b>	<b>100.00%</b>	<b>100.00%</b>	<b>100.00%</b>
	<b>% of Total</b>	<b>84.26%</b>	<b>15.74%</b>	<b>100.00%</b>

S. No.	Total No. of Patients who developed HPU	% of Total Cases	Uric Acid Level >4.9	% of Cases	Uric Acid Level <4.9	% of Cases
1	12	6.09	12	6.09	0	0.00



### Inference

Prevalence of the HPU from my study is 12 patients - 6%

Among those 12 (6%) patients with hyperuricemia in the first trimester developed HPU.

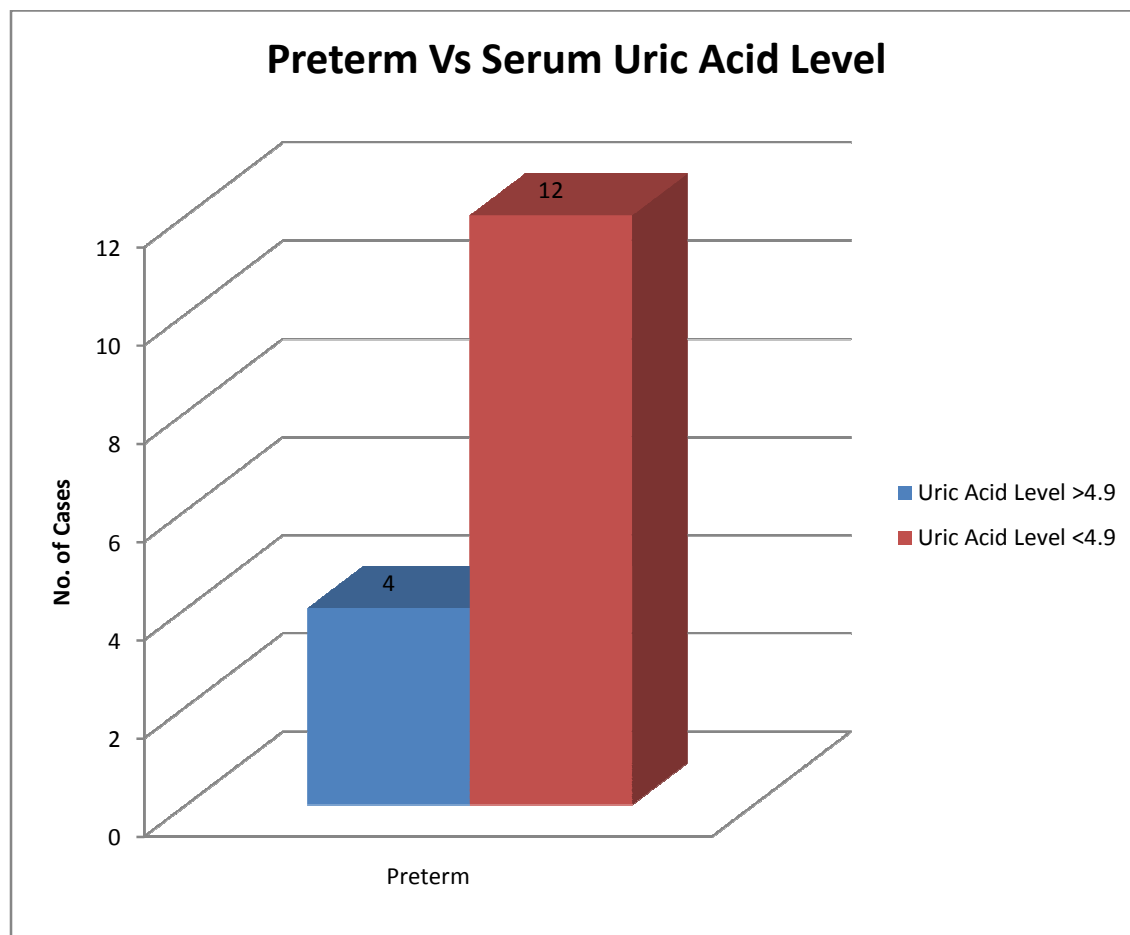
P value 0.000 is strongly significant. Hyperuricemia in the first trimester is significantly associated with HPU.

## Correlation between Preterm and Serum Uric Acid Level

**Table -9**

Preterm and Serum Uric Acid value >4.9 mg/dl (cut off)				
Crosstab				
Condition	Metrics	Serum Uric Acid Level		Total
		Within cut off value (4.9 mg/dl)	Greater than cut off value (4.9 mg/dl)	
Preterm = No	Count	154	27	181
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	92.77%	87.10%	91.88%
	% of Total	78.17%	13.71%	91.88%
Preterm = Yes	Count	12	4	16
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	7.23%	12.90%	8.12%
	% of Total	6.09%	2.03%	8.12%
Total	Count	166	31	197
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	100.00%	100.00%	100.00%
	% of Total	84.26%	15.74%	100.00%

S. No.	Total No. of Patients who delivered Preterm	% of Total Cases	Uric Acid Level >4.9	% of Cases	Uric Acid Level <4.9	% of Cases
1	16	8.12	4	2.03	12	6.09



### Inference

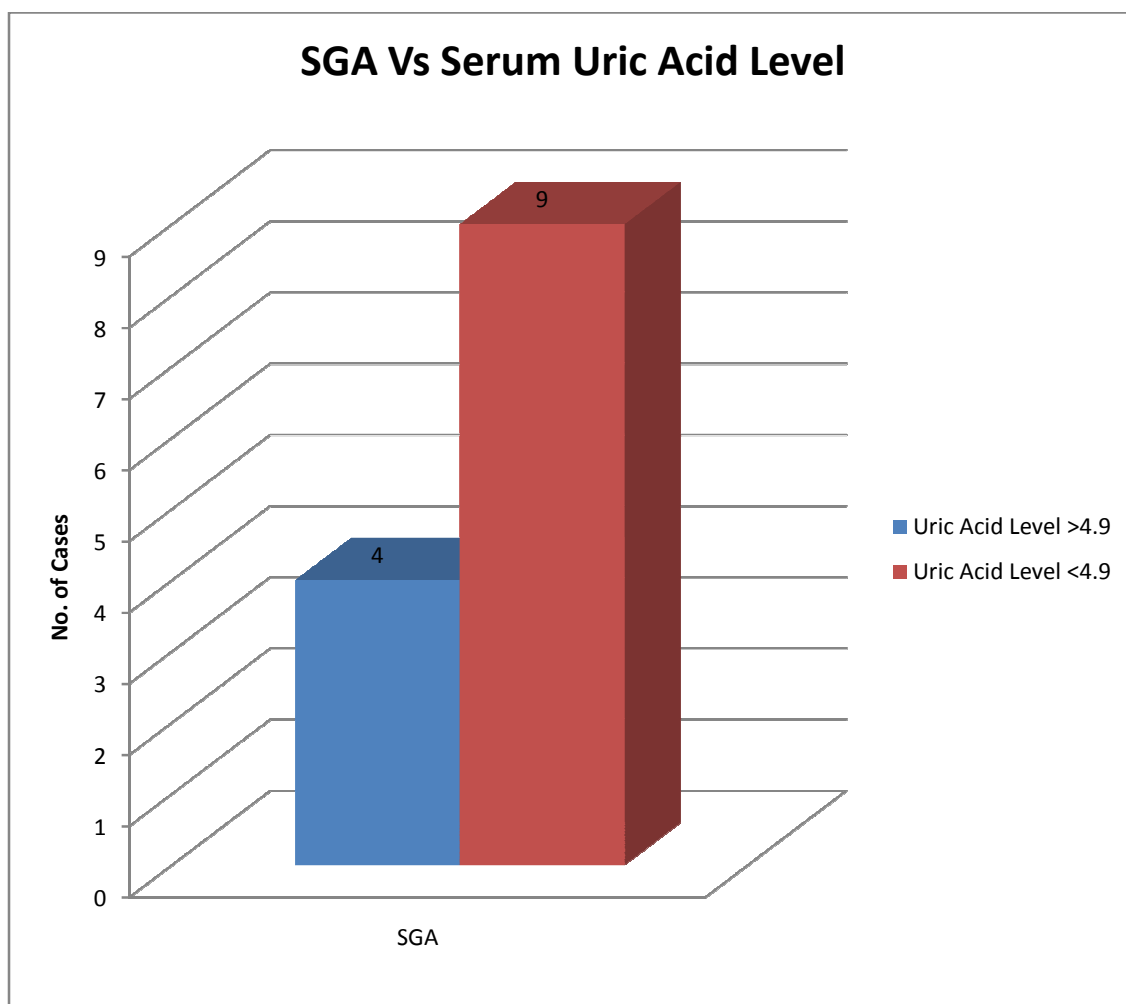
P value 0.288 is not significant. There is no statistical significant association between hyperuricemia in the first trimester and preterm.

## Correlation between SGA and Serum Uric Acid Level

**Table - 10**

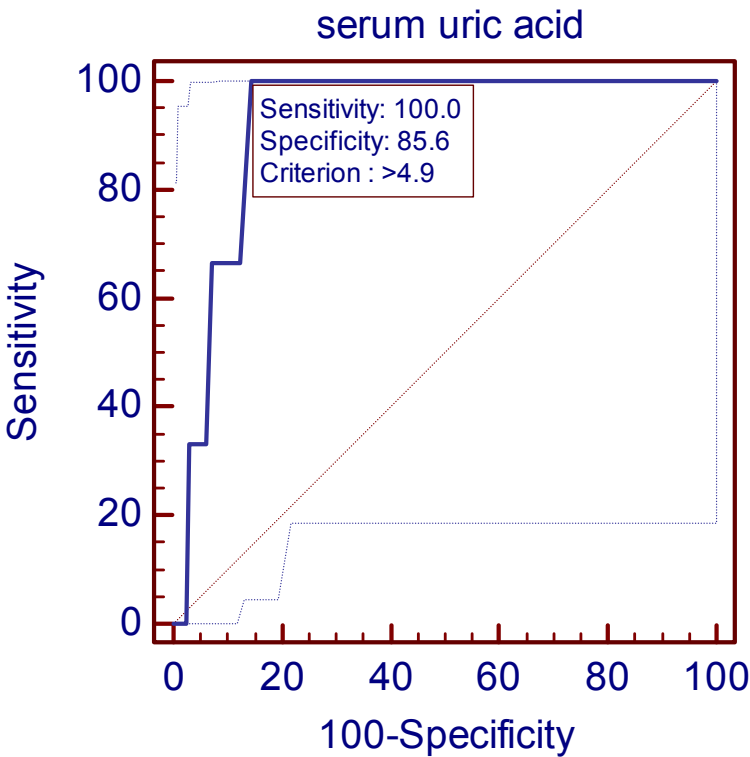
<b>SGA and Serum Uric Acid value &gt;4.9 mg/dl (cut off)</b>				
<b>Crosstab</b>				
<b>Condition</b>	<b>Metrics</b>	<b>Serum Uric Acid Level</b>		<b>Total</b>
		<b>Within cut off value (4.9 mg/dl)</b>	<b>Greater than cut off value (4.9 mg/dl)</b>	
<b>SGA = No</b>	Count	157	27	184
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	94.58%	87.10%	93.40%
	% of Total	79.70%	13.71%	93.40%
<b>SGA = Yes</b>	Count	9	4	13
	% within & greater than serum uric acid cut off value (4.9 mg/dl)	5.42%	12.90%	6.60%
	% of Total	4.57%	2.03%	6.60%
<b>Total</b>	<b>Count</b>	<b>166</b>	<b>31</b>	<b>197</b>
	<b>% within &amp; greater than serum uric acid cut off value (4.9 mg/dl)</b>	<b>100.00%</b>	<b>100.00%</b>	<b>100.00%</b>
	<b>% of Total</b>	<b>84.26%</b>	<b>15.74%</b>	<b>100.00%</b>

<b>S. No.</b>	<b>Total No. of SGA Cases</b>	<b>% of Total Cases</b>	<b>Uric Acid Level &gt;4.9</b>	<b>% of Cases</b>	<b>Uric Acid Level &lt;4.9</b>	<b>% of Cases</b>
1	13	6.60	4	2.03	9	4.57



### Inference

P value 0.124 is not significant. There is no statistical significant association between hyperuricemia in the first trimester and SGA.



ROC curve

Variable	serum_uric_acid
	serum uric acid
Classification variable	HT_Hyperurecemia
	HT +Hyperurecemia

Sample size		197
Positive group	HT+Hyperurecemia = 1	3
Negative group	HT+Hyperurecemia = 0	194

Disease prevalence (%)	Unknown
------------------------	---------

The receptor operating curve is used for clinical prediction rules.

The accuracy of the curve is determined from the area under the curve.

If the area under the curve is 0.9 -1 then the accuracy is excellent.

If the area under the curve is 0.8-0.9 the accuracy is good.

Testing serum uric acid as a predictor of preeclampsia

Area under the curve for uric acid is 0.92.

Sensitivity: 100%

Specificity: 85.5%

Criterion: 4.9 mg

#### Area under the ROC curve (AUC)

<b>Area under the ROC curve (AUC)</b>	0.92354
<b>Standard Error<sup>a</sup></b>	0.0345
<b>95% Confidence interval<sup>b</sup></b>	0.877143 to 0.956516
<b>Z Statistics</b>	12.268
<b>Significance level P (Area=0.5)</b>	<0.0001

<sup>a</sup>DeLong et al., 1988

<sup>b</sup> Binomial exact

#### Youden index

Youden index J	0.8557
Associated criterion	>4.9



**Criterion values and coordinates of the ROC curve [Hide]**

Criterion	Sensitivity	95% CI	Specificity	95% CI	+LR	-LR
≥2	100.00	29.2 - 100.0	0.00	0.0 - 1.9	1.00	0.00
>2	100.00	29.2 - 100.0	1.55	0.3 - 4.5	1.02	0.00
>2.1	100.00	29.2 - 100.0	2.58	0.8 - 5.9	1.03	0.00
>2.2	100.00	29.2 - 100.0	4.12	1.8 - 8.0	1.04	0.00
>2.3	100.00	29.2 - 100.0	5.15	2.5 - 9.3	1.05	0.00
>2.4	100.00	29.2 - 100.0	9.28	5.6 - 14.3	1.10	0.00
>2.5	100.00	29.2 - 100.0	12.89	8.5 - 18.4	1.15	0.00
>2.6	100.00	29.2 - 100.0	13.40	8.9 - 19.0	1.15	0.00
>2.7	100.00	29.2 - 100.0	15.98	11.1 - 21.9	1.19	0.00
>2.8	100.00	29.2 - 100.0	21.65	16.1 - 28.1	1.28	0.00
>2.9	100.00	29.2 - 100.0	27.32	21.2 - 34.2	1.38	0.00
>3	100.00	29.2 - 100.0	32.99	26.4 - 40.1	1.49	0.00
>3.1	100.00	29.2 - 100.0	35.57	28.8 - 42.7	1.55	0.00
>3.2	100.00	29.2 - 100.0	44.85	37.7 - 52.1	1.81	0.00
>3.22	100.00	29.2 - 100.0	45.36	38.2 - 52.6	1.83	0.00
>3.3	100.00	29.2 - 100.0	46.39	39.2 - 53.7	1.87	0.00
>3.4	100.00	29.2 - 100.0	51.03	43.8 - 58.3	2.04	0.00
>3.5	100.00	29.2 - 100.0	57.22	49.9 - 64.3	2.34	0.00
>3.6	100.00	29.2 - 100.0	58.25	51.0 - 65.3	2.40	0.00
>3.7	100.00	29.2 - 100.0	63.92	56.7 - 70.7	2.77	0.00
>3.8	100.00	29.2 - 100.0	68.04	61.0 - 74.5	3.13	0.00
>3.9	100.00	29.2 - 100.0	68.56	61.5 - 75.0	3.18	0.00
>4	100.00	29.2 - 100.0	74.23	67.5 - 80.2	3.88	0.00
>4.1	100.00	29.2 - 100.0	77.32	70.8 - 83.0	4.41	0.00
>4.2	100.00	29.2 - 100.0	77.84	71.3 - 83.5	4.51	0.00
>4.3	100.00	29.2 - 100.0	80.93	74.7 - 86.2	5.24	0.00
>4.4	100.00	29.2 - 100.0	81.44	75.2 - 86.7	5.39	0.00
>4.5	100.00	29.2 - 100.0	81.96	75.8 - 87.1	5.54	0.00
>4.6	100.00	29.2 - 100.0	82.47	76.4 - 87.5	5.71	0.00
>4.9	100.00	29.2 - 100.0	85.57	79.8 - 90.2	6.93	0.00

>5	66.67	9.4 - 99.2	87.63	82.2 - 91.9	5.39	0.38
>5.1	66.67	9.4 - 99.2	88.66	83.3 - 92.8	5.88	0.38
>5.2	66.67	9.4 - 99.2	89.18	83.9 - 93.2	6.16	0.37
>5.4	66.67	9.4 - 99.2	91.24	86.3 - 94.8	7.61	0.37
>5.5	66.67	9.4 - 99.2	92.78	88.2 - 96.0	9.24	0.36
>5.6	33.33	0.8 - 90.6	93.81	89.4 - 96.8	5.39	0.71
>5.8	33.33	0.8 - 90.6	94.33	90.1 - 97.1	5.88	0.71
>5.9	33.33	0.8 - 90.6	94.85	90.7 - 97.5	6.47	0.70
>6	33.33	0.8 - 90.6	95.88	92.0 - 98.2	8.08	0.70
>6.3	33.33	0.8 - 90.6	96.39	92.7 - 98.5	9.24	0.69
>6.7	33.33	0.8 - 90.6	96.91	93.4 - 98.9	10.78	0.69
>6.8	0.00	0.0 - 70.8	97.42	94.1 - 99.2	0.00	1.03
>6.9	0.00	0.0 - 70.8	97.94	94.8 - 99.4	0.00	1.02
>7	0.00	0.0 - 70.8	98.45	95.5 - 99.7	0.00	1.02
>7.2	0.00	0.0 - 70.8	99.48	97.2 - 100.0	0.00	1.01
>7.5	0.00	0.0 - 70.8	100.00	98.1 - 100.0	0.00	1.00

## Summary

- There is no statistical significance between BMI and serum uric acid level. The Mean BMI among patients with elevated serum uric acid level was 22.27 whereas the Mean BMI among patients with normal serum uric acid level was 22.10.
- 66.87% of the patients in the normal cohort were primigravida, 27.11% of the patients were second gravida, 5.42% of the patients were third gravida and 0.60% of the patients in the normal cohort were fourth gravida.
- 58.06% of the patients with serum uric acid level  $>4.9$  mg/dl were primigravida.
- 32.26% of the patients with serum uric acid level  $>4.9$  mg/dl were second gravida.
- 6.45% of the patients with serum uric acid level  $>4.9$  mg/dl were third gravida and 3.23% were fourth gravida.
- The serum uric acid level was high in the patients who developed preeclampsia.
- Area under the curve was 0.92.
- Testing serum uric as a predictor sensitivity 100% and specificity was 85.5%.
- The mean cut off value of serum uric for the patients who developed preeclampsia is 4.9.

## Discussion

Our study included 197 first trimester pregnant women recruited from antenatal op department.

- Over all 19 women [9.64%] developed gestational hypertension, 16 women [8%] developed preeclampsia and remaining 162 women [82.2%] were normotensive.
- Prevalence of gestational hypertension from my study was 9.64%.
- Prevalence of preeclampsia from my study was 8.12%.
- There were 16 births [8.12%] that were delivered preterm <37 weeks of gestation.
- The serum uric acid level among patients who delivered preterm was not high.
- There were 13 neonates that were small for gestational age SGA [6.60%]
- The mean serum uric level among patients who delivered small for gestational age was normal.
- Only 15.79% of the patients who developed gestational hypertension have elevated serum uric acid levels.
- Over all 16 [8.12%] women developed preeclampsia among them 12 women [75%] have high serum uric acid levels and 4 women [25%] have normal serum uric acid levels.

- The mean age of patients among elevated serum uric acid level was 23.74 whereas the mean age of patients with normal serum uric acid level was 23.83.
- No statistical significant difference between age and serum uric acid level.
- No statistical significant difference between BMI and serum uric acid level.

My study is similar to the study of S.K. Laughon and J.Catov on first trimester serum uric acid and adverse pregnancy outcome[2011]

S. No.	Parameter	My Study	S.K.Laughon and J.Catov
1.	Age and serum uric acid	No statistical significant difference	No statistical significant difference
2.	BMI and uric acid	No statistical significant difference	No statistical significant difference
3.	Gestational Hypertension and hyperuricemia	Not strongly associated. Only 15%	Only 20% associated with hyperuricemia
4	preeclampsia	Strongly associated 75%	Strongly associated 53.3%
5.	Preterm	No linear association	No linear association
6.	SGA	No linear association	No linear association
7.	Uric acid status at delivery	Not known	Uric acid sample was taken at delivery.

## Conclusion

After analysing and comparing the results between preeclampsia cohort and normal cohort it was concluded that:

- The serum uric acid level was high among preeclampsia patients in the first trimester.
- Thus there exists a positive correlation between elevated serum uric acid level in the first trimester and occurrence of preeclampsia.
- The mean cut off value of serum uric acid level for the prediction of preeclampsia in my study is 4.9
- There is no positive correlation between body mass index and serum uric acid level.
- There is no linear association between preterm & elevated serum uric acid level. Similarly there is no linear association between small for gestational age and uric acid level.
- Therefore serum uric acid level in the first trimester can be a good predictor for preeclampsia if we combine with other clinical and biochemical parameters to improve the prediction.
- Long term cohort studies are needed to investigate whether patients with hyperuricemia early in pregnancy are at risk for developing hypertensive diseases with more adverse outcomes during pregnancy and future risk of metabolic syndrome, cardiovascular disease, diabetes and hypertension.

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## Master Chart

S. No	Name	Age	Parity	BMI	GA at sampling Previous H/o Preeclampsia Previous H/o Chronic Hypertension	BP
1	Kanchana	24	G4P1L1A2	24	11WKS	110/70
2	Devi	24	PRIMI	22	12WKS	120/70
3	Bhavana	30	G3P1L1A1	22	12WKS	110/70
4	Thenmozhi	20	PRIMI	20.5	11WKS	100/70
5	Rama	21	PRIMI	20.5	10WKS	90/60
6	Revathy	23	PRIMI	21	11WKS	110/70
7	Rasathy	28	primi	23	12wks	120/80
8	Deepa	24	G2P1L1	24	12WKS	100/70
9	Sangeetha	28	PRIMI	22	12WKS	110/80
10	Vijayalakshmi	28	PRIMI	25	12WKS	120/80
11	Vijayalakshmi	20	PRIMI	22	12WKS	100/80
12	Shajitha	24	PRIMI	21.5	11WKS	120/80
13	Mala	26	G2P1L1	24	12WKS	110/80
14	Sudha	22	PRIMI	22	12WKS	100/70
15	Kalaiselvi	20	PRIMI	20	11WKS	120/80
16	Bhoomadevi	22	PRIMI	21	12WKS	100/70
17	Mohana	21	PRIMI	21.5	10WKS	100/60
18	Thenmozhi	25	PRIMI	22	11WKS	100/60
19	Meenakshi	24	PRIMI	23	12WKS	100/70
20	Vidhya	31	G3P1L1A1	24.5	12WKS	110/70
21	Lakshmi	25	PRIMI	22	11WKS	110/80
22	Suguna	20	PRIMI	21	11WKS	120/80
23	Anushya	20	PRIMI	22	11WKS	120/80
24	Priya	22	PRIMI	23	12WKS	110/70
25	Rajeshwari	37	G3P1L1A1	24	12WKS	110/70
26	Muthukumari	22	PRIMI	22.5	11WKS	100/70
27	Suganya	27	G2P1L1	22	12WKS	100/70
28	Selvi	22	G2P1L1	21	11WKS	100/70
29	Renuka	20	PRIMI	20.5	12WKS	120/80
30	Kiladha	21	PRIMI	22.5	12WKS	100/80
31	Gomathy	27	G2P1L1	24	11WKS	100/80
32	Sumathy	20	PRIMI	21	11WKS	120/80
33	Revthy	27	G2P1L1	22.5	11WKS	120/80
34	Sathya	23	PRIMI	23.5	12WKS	100/70
35	Bhagya	25	PRIMI	22	12WKS	120/80
36	Karpagam	22	PRIMI	22	12WKS	100/80
37	Manju	27	G2P1L1	22.5	12WKS	120/80
38	Meenakshi	20	PRIMI	21	11WKS	100/80
39	Naheshwari	20	PRIMI	21.5	11WKS	100/80
40	Sundari	22	PRIMI	21.5	11WKS	120/80
41	Benazir	20	PRIMI	22	12WKS	100/70
42	Nadhiya	21	PRIMI	22.5	12WKS	120/80

S. No	Name	Age	Previous H/o Preeclampsia	Previous H/o Chronic Hypertension	Previous H/o Gout	Serum Uric Acid
1	Kanchana	24	0	0	0	3.1mg
2	Devi	24	0	0	0	3.1mg
3	Bhavana	30	0	0	0	2.9mg
4	Thenmozhi	20	0	0	0	2.9mg
5	Rama	21	0	0	0	2.9mg
6	Revathy	23	0	0	0	2.9mg
7	Rasathy	28	0	0	0	3.5mg
8	Deepa	24	0	0	0	3.4mg
9	Sangeetha	28	0	0	0	2.4mg
10	Vijayalakshmi	28	0	0	0	2.9mg
11	Vijayalakshmi	20	0	0	0	2.9mg
12	Shajitha	24	0	0	0	5.6mg
13	Mala	26	0	0	0	3.8mg
14	Sudha	22	0	0	0	6.8mg
15	Kalaiselvi	20	0	0	0	3.0mg
16	Bhoomadevi	22	0	0	0	3.4mg
17	Mohana	21	0	0	0	3.0mg
18	Thenmozhi	25	0	0	0	3.5mg
19	Meenakshi	24	0	0	0	3.7mg
20	Vidhya	31	0	0	0	2.3mg
21	Lakshmi	25	0	0	0	7.5mg
22	Suguna	20	0	0	0	2.0mg
23	Anushya	20	0	0	0	2.7mg
24	Priya	22	0	0	0	4.1mg
25	Rajeshwari	37	0	0	0	3.0mg
26	Muthukumari	22	0	0	0	2.1mg
27	Suganya	27	0	0	0	3.7mg
28	Selvi	22	0	0	0	5.1mg
29	Renuka	20	0	0	0	5.5mg
30	Kiladha	21	0	0	0	3.3mg
31	Gomathy	27	0	0	0	3.0mg
32	Sumathy	20	0	0	0	3.2mg
33	Revthy	27	0	0	0	4.0mg
34	Sathya	23	0	0	0	3.9mg
35	Bhagya	25	0	0	0	2.4mg
36	Karpagam	22	0	0	0	6.0mg
37	Manju	27	0	0	0	2.2mg
38	Meenakshi	20	0	0	0	2.5mg
39	Naheshwari	20	0	0	0	3.8mg
40	Sundari	22	0	0	0	3.4mg
41	Benazir	20	0	0	0	2.8mg
42	Nadhiya	21	0	0	0	4.3mg

S. No	Name	Age	Roll Over Test	Urine Albumin	RFT	LFT	Gestation Hypertension	Preeclampsia
1	Kanchana	24		nil	N	N	0	0
2	Devi	24		nil	N	N	0	0
3	Bhavana	30	positive	nil	N	N	1	0
4	Thenmozhi	20		nil	N	N	0	0
5	Rama	21		nil	N	N	0	0
6	Revathy	23		nil	N	N	0	0
7	Rasathy	28		nil	N	N	0	0
8	Deepa	24	positive	2+	N	N	0	1
9	Sangeetha	28	positive	nil	N	N	1	0
10	Vijayalakshmi	28		nil	NN	N	0	0
11	Vijayalakshmi	20		nil	N	N	0	0
12	Shajitha	24	positive	nil	N	N	1	0
13	Mala	26		nil	N	N	0	0
14	Sudha	22	positive	3+	N	N	0	0
15	Kalaiselvi	20		nil	N	N	0	0
16	Bhoomadevi	22	positive	nil	N	N	1	0
17	Mohana	21		nil	N	N	0	0
18	Thenmozhi	25		nil	N	N	0	0
19	Meenakshi	24		nil	N	N	0	0
20	Vidhya	31		nil	N	N	0	0
21	Lakshmi	25	positive	3+	N	N	0	1
22	Suguna	20		nil	N	N	0	0
23	Anushya	20		nil	N	N	0	0
24	Priya	22		nil	N	N	0	0
25	Rajeshwari	37	positive	2+	N	N	0	1
26	Muthukumari	22		nil	N	N	0	0
27	Suganya	27		nil	N	N	0	0
28	Selvi	22		nil	N	N	0	0
29	Renuka	20	positive	2+	N	N	0	0
30	Kiladha	21		nil	N	N	0	0
31	Gomathy	27	positive	2+	N	N	0	1
32	Sumathy	20	positive	nil	N	N	1	0
33	Revthy	27		nil	N	N	0	0
34	Sathya	23		nil	N	N	0	0
35	Bhagya	25		nil	N	N	0	0
36	Karpagam	22	positive	3+	N	N	0	0
37	Manju	27		nil	N	N	0	0
38	Meenakshi	20		nil	N	N	0	0
39	Naheshwari	20		nil	N	N	0	0
40	Sundari	22		nil	N	N	0	0
41	Benazir	20		nil	N	N	0	0
42	Nadhiya	21		nil	N	N	0	0

S. No	Name	Age	HT+ Hyperurecemia	HPU	Preterm	SGA	GA at which Preeclampsia is detected	GA at Delivery
1	Kanchana	24	0	0	1	0		
2	Devi	24	0	0	0	0		
3	Bhavana	30	0	0	0	0		39WKS
4	Thenmozhi	20	0	0	0	0		
5	Rama	21	0	0	0	0		
6	Revathy	23	0	0	0	0		
7	Rasathy	28	0	0	0	0		
8	Deepa	24	0	0	0	0	37WKS	37WKS
9	Sangeetha	28	0	0	0	0		
10	Vijayalakshmi	28	0	0	0	0		
11	Vijayalakshmi	20	0	0	0	0		
12	Shajitha	24	1	0	0	0		39WKS
13	Mala	26	0	0	0	0		
14	Sudha	22	0	1	0	1	37WKS	37WKS
15	Kalaiselvi	20	0	0	0	0		
16	Bhoomadevi	22	0	0	0	0		39WKS
17	Mohana	21	0	0	0	1		
18	Thenmozhi	25	0	0	0	0		
19	Meenakshi	24	0	0	1	0		
20	Vidhya	31	0	0	0	1		
21	Lakshmi	25	0	1	1	1	36WKS	36WKS
22	Suguna	20	0	0	0	0		
23	Anushya	20	0	0	1	0		
24	Priya	22	0	0	1	0		
25	Rajeshwari	37	0	0	0	0	38WKS	38WKS
26	Muthukumari	22	0	0	0	1		
27	Suganya	27	0	0	0	0		
28	Selvi	22	0	0	0	0		
29	Renuka	20	0	1	0	0	37WKS2DAYS	37WKS 2DAYS
30	Kiladha	21	0	0	1	0		
31	Gomathy	27	0	0	0	0		38WKS
32	Sumathy	20	0	0	0	0		39WKS
33	Revthy	27	0	0	0	0		
34	Sathya	23	0	0	0	0		
35	Bhagya	25	0	0	0	0		
36	Karpagam	22	0	1	1	0	37WKS	37WKS
37	Manju	27	0	0	0	0		
38	Meenakshi	20	0	0	0	0		
39	Naheshwari	20	0	0	0	0		
40	Sundari	22	0	0	0	0		
41	Benazir	20	0	0	0	0		
42	Nadhiya	21	0	0	0	0		

S. No	Name	Age	Parity	BMI	GA at sampling Previous H/o Preeclampsia Previous H/o Chronic Hypertension	BP
43	Mary	21	PRIMI	22.5	12WKS	120/80
44	Varalakshmi	20	PRIMI	21	12WKS	100/80
45	Seetha	24	G2P1L1	23	11WKS	100/70
46	Durga	24	G2P1L1	23	11WKS	110/80
47	Valli	24	G2P1L1	22.5	12WKS	100/80
48	Vanitha	28	PRIMI	23.5	12WKS	100/70
49	Selvi	20	PRIMI	20.5	12WKS	100/70
50	Renuka	23	PRIMI	22	12WKS	100/70
51	Kiladha	25	PRIMI	22	12WKS	100/70
52	Anjali	27	G2P1L1	23.5	11WKS	100/70
53	Manivijaya	20	PRIMI	23	11WKS	120/70
54	Ravathy	27	G2P1L1	24	12WKS	100/70
55	Valarmathy	21	PRIMI	20	12WKS	120/80
56	Gomathy	25	PRIMI	22	11WKS	100/80
57	Amul	25	G2P1L1	22	11WKS	120/80
58	Devi	25	G2P1L1	20	12WKS	100/80
59	Adhilakshmi	29	G2P1L1	27	12WKS	100/70
60	Dhanakodi	24	G2P1L1	24	12WKS	120/80
61	Gayathri	28	PRIMI	20	12WKS	100/80
62	Radhika	27	G3P2L2	24	11WKS	120/80
63	Suganthi	22	G2A1	21	11WKS	120/80
64	Vasanthi	21	G2A1	23	12WKS	120/80
65	Babitha	24	PRIMI	22	12WKS	110/80
66	Soniya	22	PRIMI	21	11WKS	120/80
67	Vanitha	27	G2P1L1	24	12WKS	110/80
68	Pachiyammal	26	PRIMI	20.4	11WKS	110/80
69	Suganya	21	PRIMI	21.8	11WKS	110/80
70	Bhuvaneshwari	21	PRIMI	24.6	11WKS	110/70
71	Malathy	30	G3P2L2	26.3	12WKS	100/70
72	Gayathri	21	G2A1	23.8	12WKS	110/80
73	Indumathy	20	PRIMI	22	12WKS	110/80
74	Revathy	22	PRIMI	21.5	12WKS	110/80
75	Ashwini	24	G3P2L2	17.7	12WKS	110/80
76	Jennifer	25	PRIMI	17.8	11WKS	100/70
77	Sudha	25	G2P1L1	23.5	12WKS	110/70
78	Vidhya	22	PRIMI	19	11WKS	110/70
79	Asha	26	G2P1L1	23.5	12WKS	110/70
80	Gomathy	21	G3P1L1A1	22	12WKS	110/70
81	Jeeva	24	PRIMI	23	11WKS	110/70
82	Thayamma	26	G3P2L2	23.5	12WKS	110/70
83	Dhanam	30	G3P2L2	24	11WKS	110/70
84	Vijayalakshmi	28	PRIMI	19	12WKS	100/70

S. No	Name	Age	Previous H/o Preeclampsia	Previous H/o Chronic Hypertension	Previous H/o Gout	Serum Uric Acid
43	Mary	21	0	0	0	2.2mg
44	Varalakshmi	20	0	0	0	4.3mg
45	Seetha	24	0	0	0	2.5mg
46	Durga	24	0	0	0	6.7mg
47	Valli	24	0	0	0	4.1mg
48	Vanitha	28	0	0	0	3.4mg
49	Selvi	20	0	0	0	3.2mg
50	Renuka	23	0	0	0	3.0mg
51	Kiladha	25	0	0	0	5.0mg
52	Anjali	27	0	0	0	2.8mg
53	Manivijaya	20	0	0	0	5.2mg
54	Ravathy	27	0	0	0	3.0mg
55	Valarmathy	21	0	0	0	3.2mg
56	Gomathy	25	0	0	0	4.0mg
57	Amul	25	0	0	0	4.2mg
58	Devi	25	0	0	0	3.7mg
59	Adhilakshmi	29	0	0	0	5.4mg
60	Dhanakodi	24	0	0	0	2.5mg
61	Gayathri	28	0	0	0	3.7mg
62	Radhika	27	0	0	0	5.6mg
63	Suganthi	22	0	0	0	2.7mg
64	Vasanthi	21	0	0	0	2.8mg
65	Babitha	24	0	0	0	3.7mg
66	Soniya	22	0	0	0	3mg
67	Vanitha	27	0	0	0	2.4mg
68	Pachiyammal	26	0	0	0	5.0mg
69	Suganya	21	0	0	0	4.1mg
70	Bhuvaneshwari	21	0	0	0	4.0mg
71	Malathy	30	0	0	0	5.9mg
72	Gayathri	21	0	0	0	3.5mg
73	Indumathy	20	0	0	0	4.3mg
74	Revathy	22	0	0	0	3.5mg
75	Ashwini	24	0	0	0	4.1mg
76	Jennifer	25	0	0	0	3.7mg
77	Sudha	25	0	0	0	7mg
78	Vidhya	22	0	0	0	2.6mg
79	Asha	26	0	0	0	5.4mg
80	Gomathy	21	0	0	0	4mg
81	Jeeva	24	0	0	0	3.0mg
82	Thayamma	26	0	0	0	4.9mg
83	Dhanam	30	0	0	0	3.5mg
84	Vijayalakshmi	28	0	0	0	2.5mg

S. No	Name	Age	Roll Over Test	Urine Albumin	RFT	LFT	Gestation Hypertension	Preeclampsia
43	Mary	21		nil	N	N	0	0
44	Varalakshmi	20		nil	N	N	0	0
45	Seetha	24		nil	N	N	0	0
46	Durga	24	positive	2+	N	N	0	0
47	Valli	24		nil	N	N	0	0
48	Vanitha	28	positive	nil	N	N	1	0
49	Selvi	20		nil	N	N	0	0
50	Renuka	23		nil	N	N	0	0
51	Kiladha	25	positive	nil	N	N	1	0
52	Anjali	27	positive	nil	N	N	1	0
53	Manivijaya	20		nil	N	N	0	0
54	Ravathy	27	positive	nil	N	N	1	0
55	Valarmathy	21		nil	N	N	0	0
56	Gomathy	25		nil	N	N	0	0
57	Amul	25		nil	N	N	0	0
58	Devi	25		nil	N	N	0	0
59	Adhilakshmi	29		nil	N	N	0	0
60	Dhanakodi	24		nil	N	N	0	0
61	Gayathri	28		nil	N	N	0	0
62	Radhika	27		nil	N	N	0	0
63	Suganthi	22		nil	N	N	0	0
64	Vasanthi	21		nil	N	N	0	0
65	Babitha	24		nil	N	N	0	0
66	Soniya	22		nil	N	N	0	0
67	Vanitha	27		nil	N	N	0	0
68	Pachiyammal	26		nil	N	N	0	0
69	Suganya	21		nil	N	N	0	0
70	Bhuvaneshwari	21		nil	N	N	0	0
71	Malathy	30		nil	N	N	0	0
72	Gayathri	21		nil	N	N	0	0
73	Indumathy	20		nil	N	N	0	0
74	Revathy	22		nil	N	N	0	0
75	Ashwini	24		nil	N	N	0	0
76	Jennifer	25		nil	N	N	0	0
77	Sudha	25	positive	3+	N	N	0	0
78	Vidhya	22		nil	N	N	0	0
79	Asha	26		nil	N	N	0	0
80	Gomathy	21		nil	N	N	0	0
81	Jeeva	24		nil	N	N	0	0
82	Thayamma	26		nil	N	N	0	0
83	Dhanam	30	positive	nil	N	N	1	0
84	Vijayalakshmi	28		nil	N	N	0	0

S. No	Name	Age	HT+ Hyperurecemia	HPU	Preterm	SGA	GA at which Preeclampsia is detected	GA at Delivery
43	Mary	21	0	0	1	0		
44	Varalakshmi	20	0	0	0	0		
45	Seetha	24	0	0	0	0		
46	Durga	24	0	1	0	1	38WKS	38WKS
47	Valli	24	0	0	0	0		
48	Vanitha	28	0	0	0	0		40WKS
49	Selvi	20	0	0	0	1		
50	Renuka	23	0	0	0	0		
51	Kiladha	25	1	0	0	0		39WKS
52	Anjali	27	0	0	0	0		39WKS
53	Manivijaya	20	0	0	0	0		
54	Ravathy	27	0	0	1	0		39WKS
55	Valarmathy	21	0	0	0	0		
56	Gomathy	25	0	0	0	0		
57	Amul	25	0	0	0	0		
58	Devi	25	0	0	0	0		
59	Adhilakshmi	29	0	0	0	0		
60	Dhanakodi	24	0	0	0	0		
61	Gayathri	28	0	0	0	0		
62	Radhika	27	0	0	0	0		
63	Suganthi	22	0	0	0	0		
64	Vasanthi	21	0	0	0	0		
65	Babitha	24	0	0	0	0		
66	Soniya	22	0	0	0	0		
67	Vanitha	27	0	0	0	0		
68	Pachiyammal	26	0	0	0	0		
69	Suganya	21	0	0	0	0		
70	Bhuvaneshwari	21	0	0	0	0		
71	Malathy	30	0	1	0	0	37WKS3DAYS	37WKS 3DAYS
72	Gayathri	21	0	0	0	0		
73	Indumathy	20	0	0	0	0		
74	Revathy	22	0	0	0	0		
75	Ashwini	24	0	0	0	0		
76	Jennifer	25	0	0	0	0		
77	Sudha	25	0	1	1	1	34WKS	34WKS2D
78	Vidhya	22	0	0	1	0		
79	Asha	26	0	0	0	0		
80	Gomathy	21	0	0	0	0		
81	Jeeva	24	0	0	0	0		
82	Thayamma	26	0	0	0	0		
83	Dhanam	30	0	0	0	0		39WKS
84	Vijayalakshmi	28	0	0	0	0		



S. No	Name	Age	Parity	BMI	GA at sampling Previous H/o Preeclampsia Previous H/o Chronic Hypertension	BP
85	Revathy	21	PRIMI	26.8	12WKS	100/70
86	Bhavani	21	PRIMI	22	11WKS	120/70
87	Lakshmi	23	G2P1L1	18	12WKS	120/70
88	Geetha	26	G2P1L1	24.2	11WKS	120/70
89	Nisha	24	PRIMI	22.9	12WKS	110/70
90	Leela	27	PRIMI	30.5	11WKS	110/70
91	Sowmya	21	PRIMI	21.5	12WKS	120/70
92	Sudha	25	PRIMI	22	11WKS	120/70
93	Soniya	24	PRIMI	22	11WKS	120/70
94	Senthamizh	20	G2P1L1	21	12WKS	120/70
95	Uma	21	PRIMI	21	11WKS	120/70
96	Rohini	20	PRIMI	20	12WKS	110/70
97	Rajeshwari	26	G2P1L1	18.4	11WKS	120/70
98	Dhivya	26	PRIMI	21.3	12WKS	120/70
99	Chitra	19	PRIMI	20	11WKS	110/80
100	Mubasheera	28	PRIMI	24.4	11WKS	110/80
101	Poongavanam	21	PRIMI	19.6	11WKS	110/80
102	Nalini	19	G2P1L1	23.8	12WKS	110/80
103	Latha	26	G2P1LO	25	11WKS	120/80
104	Srrenidhi	21	G2A1	20	12WKS	120/80
105	Devaki	24	PRIMI	22	11WKS	110/70
106	Santha	26	PRIMI	17.4	12WKS	110/70
107	Prema	21	PRIMI	20	11WKS	110/70
108	Anuradha	32	G2P1L1	20	12WKS	110/70
109	Kavitha	21	PRIMI	22.3	11WKS	110/70
110	Rukmani	25	PRIMI	22.3	12WKS	110/70
111	Revathy	24	PRIMI	20	11WKS	110/70
112	Rukmani	25	PRIMI	25.5	12WKS	110/70
113	Rekha	24	PRIMI	21	11WKS	110/70
114	Megala	27	PRIMI	21	11WKS	120/70
115	Selvi	23	G2P1L1	28.1	11WKS	120/80
116	Viji	31	G2P1L1	16	12WKS	120/70
117	Shanthi	22	PRIMI	29.5	11WKS	120/80
118	Lalitha	20	PRIMI	20.3	12WKS	120/70
119	Sasikala	38	G2P1L1	25.5	11WKS	120/70
120	Jothi	30	G3P1L1A1	17.7	12WKS	120/80
121	Sugam	20	PRIMI	18	12WKS	120/80
122	Selvi	20	PRIMI	22.5	11WKS	120/80
123	Bhavani	39	PRIMI	18.4	12WKS	110/80
124	Jaya	21	G2A1	20	11WKS	110/80
125	Kokila	27	G2P1L1	18.4	12WKS	110/80
126	Shanthi	20	PRIMI	20	12WKS	110/80

S. No	Name	Age	Previous H/o Preeclampsia	Previous H/o Chronic Hypertension	Previous H/o Gout	Serum Uric Acid
85	Revathy	21	0	0	0	3.7mg
86	Bhavani	21	0	0	0	2.4mg
87	Lakshmi	23	0	0	0	5.0mg
88	Geetha	26	0	0	0	4.0mg
89	Nisha	24	0	0	0	3.8mg
90	Leela	27	0	0	0	4.3mg
91	Sowmya	21	0	0	0	5.5mg
92	Sudha	25	0	0	0	3.5mg
93	Soniya	24	0	0	0	3.2mg
94	Senthamizh	20	0	0	0	4.1mg
95	Uma	21	0	0	0	4.6mg
96	Rohini	20	0	0	0	2.8mg
97	Rajeshwari	26	0	0	0	4.9mg
98	Dhivya	26	0	0	0	4.9mg
99	Chitra	19	0	0	0	7.2mg
100	Mubasheera	28	0	0	0	5.0mg
101	Poongavanam	21	0	0	0	2.8mg
102	Nalini	19	0	0	0	4.0mg
103	Latha	26	0	0	0	6.9mg
104	Srrenidhi	21	0	0	0	6.3mg
105	Devaki	24	0	0	0	4.4mg
106	Santha	26	0	0	0	2.4mg
107	Prema	21	0	0	0	3.5mg
108	Anuradha	32	0	0	0	2.5mg
109	Kavitha	21	0	0	0	2.7mg
110	Rukmani	25	0	0	0	2.5mg
111	Revathy	24	0	0	0	4.3mg
112	Rukmani	25	0	0	0	3.7mg
113	Rekha	24	0	0	0	2.7mg
114	Megala	27	0	0	0	2.7mg
115	Selvi	23	0	0	0	3.4mg
116	Viji	31	0	0	0	2.8mg
117	Shanthi	22	0	0	0	2.8mg
118	Lalitha	20	0	0	0	3.2mg
119	Sasikala	38	0	0	0	3.2mg
120	Jothi	30	0	0	0	3.8mg
121	Sugam	20	0	0	0	5.8mg
122	Selvi	20	0	0	0	2.7mg
123	Bhavani	39	0	0	0	3.5mg
124	Jaya	21	0	0	0	2.8mg
125	Kokila	27	0	0	0	4.9mg
126	Shanthi	20	0	0	0	7.2mg

S. No	Name	Age	Roll Over Test	Urine Albumin	RFT	LFT	Gestation Hypertension	Preeclampsia
85	Revathy	21		nil	N	N	0	0
86	Bhavani	21		nil	N	N	0	0
87	Lakshmi	23		nil	N	N	0	0
88	Geetha	26		nil	N	N	0	0
89	Nisha	24		nil	N	N	0	0
90	Leela	27		nil	N	N	0	0
91	Sowmya	21		nil	N	N	0	0
92	Sudha	25		nil	N	N	0	0
93	Soniya	24		nil	N	N	0	0
94	Senthamizh	20		nil	N	N	0	0
95	Uma	21		nil	N	N	0	0
96	Rohini	20		nil	N	N	0	0
97	Rajeshwari	26		nil	N	N	0	0
98	Dhivya	26		nil	N	N	0	0
99	Chitra	19	positive	2+	N	N	0	0
100	Mubasheera	28		nil	N	N	0	0
101	Poongavanam	21		nil	N	N	0	0
102	Nalini	19		nil	N	N	0	0
103	Latha	26	positive	2+	N	N	0	0
104	Srrenidhi	21		nil	N	N	0	0
105	Devaki	24		nil	N	N	0	0
106	Santha	26		nil	N	N	0	0
107	Prema	21		nil	N	N	0	0
108	Anuradha	32	positive	nil	N	N	1	0
109	Kavitha	21		nil	N	N	0	0
110	Rukmani	25		nil	N	N	0	0
111	Revathy	24		nil	N	N	0	0
112	Rukmani	25		nil	N	N	0	0
113	Rekha	24		nil	N	N	0	0
114	Megala	27		nil	N	N	0	0
115	Selvi	23		nil	N	N	0	0
116	Viji	31	positive	2+	N	N	0	1
117	Shanthi	22		nil	N	N	0	0
118	Lalitha	20		nil	N	N	0	0
119	Sasikala	38	positive	nil	N	N	1	0
120	Jothi	30		nil	N	N	0	0
121	Sugam	20	positive	nil	N	N	0	0
122	Selvi	20		nil	N	N	0	0
123	Bhavani	39		nil	N	N	0	0
124	Jaya	21		nil	N	N	0	0
125	Kokila	27		nil	N	N	0	0
126	Shanthi	20	positive	3+	N	N	0	0

S. No	Name	Age	HT+ Hyperurecemia	HPU	Preterm	SGA	GA at which Preeclampsia is detected	GA at Delivery
85	Revathy	21	0	0	0	0		
86	Bhavani	21	0	0	0	1		
87	Lakshmi	23	0	0	0	0		
88	Geetha	26	0	0	0	0		
89	Nisha	24	0	0	0	0		
90	Leela	27	0	0	0	0		
91	Sowmya	21	0	0	0	0		
92	Sudha	25	0	0	0	0		
93	Soniya	24	0	0	0	0		
94	Senthamizh	20	0	0	0	0		
95	Uma	21	0	0	0	0		
96	Rohini	20	0	0	1	1		
97	Rajeshwari	26	0	0	0	0		
98	Dhivya	26	0	0	0	0		
99	Chitra	19	0	1	1	0	35WKS	35WKS
100	Mubasheera	28	0	0	0	0		
101	Poongavanam	21	0	0	0	0		
102	Nalini	19	0	0	0	0		
103	Latha	26	0	1	0	0	37WKS	37WKS
104	Srrenidhi	21	0	0	0	0		
105	Devaki	24	0	0	0	0		
106	Santha	26	0	0	1	0		
107	Prema	21	0	0	0	0		
108	Anuradha	32	0	0	0	0		40WKS
109	Kavitha	21	0	0	0	0		
110	Rukmani	25	0	0	0	0		
111	Revathy	24	0	0	0	0		
112	Rukmani	25	0	0	0	0		
113	Rekha	24	0	0	0	0		
114	Megala	27	0	0	0	0		
115	Selvi	23	0	0	0	0		
116	Viji	31	0	0	0	0	39WKS	39WKS
117	Shanthi	22	0	0	0	0		
118	Lalitha	20	0	0	0	0		
119	Sasikala	38	0	0	0	0		
120	Jothi	30	0	0	0	0		
121	Sugam	20	0	1	0	0	38WKS	38WKS
122	Selvi	20	0	0	0	0		
123	Bhavani	39	0	0	0	0		
124	Jaya	21	0	0	0	0		
125	Kokila	27	0	0	0	0		
126	Shanthi	20	0	1	0	0	37WKS	37WKS

S. No	Name	Age	Parity	BMI	GA at sampling Previous H/o Preeclampsia Previous H/o Chronic Hypertension	BP
127	Parveena	23	PRIMI	21.3	12WKS	110/80
128	Amudha	28	G2P1L1	22.9	11WKS	110/70
129	Kanmani	33	G2P1L1	21.3	11WKS	100/70
130	Jeeva	21	G2P1L1	24.2	12WKS	100/70
131	Sarala	32	PRIMI	30.5	12WKS	110/70
132	Sheela	27	PRIMI	18	11WKS	110/80
133	Sathya	23	PRIMI	22.9	12WKS	110/80
134	Chitra	28	PRIMI	31.5	11WKS	110/80
135	Jaya	26	G2P1L1	24	12WKS	110/80
136	Shanthi	21	PRIMI	24.2	12WKS	110/80
137	Fathima	27	G2P1L1	22.9	11WKS	110/80
138	Tamil	19	PRIMI	21	12WKS	100/70
139	Sabeena	30	PRIMI	24	11WKS	100/70
140	Viji	26	G2P1L1	23	12WKS	100/80
141	Prema	21	PRIMI	22	11WKS	100/80
142	Lakshmi	26	G2P1L1	23	12WKS	100/80
143	Zaibunisha	19	PRIMI	20	11WKS	120/80
144	Manitha	21	PRIMI	25.9	12WKS	120/80
145	Annkamu	25	G2P1L1	22	11WKS	120/80
146	Shithya	26	G2P1L1	21	12WKS	110/80
147	Sasikala	19	PRIMI	21	11WKS	120/80
148	Nandhini	21	PRIMI	22	12WKS	110/80
149	Priya	25	G2P1L1	23	11WKS	110/80
150	Archana	26	G2P1L1	23	12WKS	120/80
151	Thenmozhi	22	G4P1L1A2	22.5	11WKS	110/80
152	Shanthi	21	PRIMI	20	12WKS	110/80
153	Shyamala	21	PRIMI	21.5	11WKS	120/80
154	Aameena	24	G2P1L1	22	12WKS	110/80
155	Samundeewar	21	PRIMI	22	11WKS	110/80
156	Mala	25	G2P1L1	22.5	12WKS	110/80
157	Sudha	23	PRIMI	22	11WKS	120/80
158	Renuka	20	PRIMI	21	12WKS	120/80
159	Geetja	21	PRIMI	21	11WKS	110/80
160	Chitra	20	PRIMI	21.5	12WKS	110/80
161	Indrani	25	G2P1L1	22	11WKS	120/80
162	Monika	26	PRIMI	22	12WKS	120/80
163	Usha	30	G3P2L2	23.5	12WKS	120/80
164	Lakshmi	24	PRIMI	23.5	11WKS	120/80
165	Savithri	21	PRIMI	22	11WKS	120/80
166	Sarala	20	PRIMI	21	12WKS	110/80
167	Manimegalai	21	PRIMI	21.5	11WKS	110/80
168	Devi	21	PRIMI	22	12WKS	110/80

S. No	Name	Age	Previous H/o Preeclampsia	Previous H/o Chronic Hypertension	Previous H/o Gout	Serum Uric Acid
127	Parveena	23	0	0	0	4.9mg
128	Amudha	28	0	0	0	3.8mg
129	Kanmani	33	0	0	0	4.9mg
130	Jeeva	21	0	0	0	4.0mg
131	Sarala	32	0	0	0	4.3mg
132	Sheela	27	0	0	0	5.0mg
133	Sathya	23	0	0	0	3.8mg
134	Chitra	28	0	0	0	5.5mg
135	Jaya	26	0	0	0	3.2mg
136	Shanthi	21	0	0	0	4.0mg
137	Fathima	27	0	0	0	3.8mg
138	Tamil	19	0	0	0	2.4mg
139	Sabeena	30	0	0	0	2.9mg
140	Viji	26	0	0	0	5.4mg
141	Prema	21	0	0	0	5.6mg
142	Lakshmi	26	0	0	0	6.8mg
143	Zaibunisha	19	0	0	0	3.0mg
144	Manitha	21	0	0	0	2.3mg
145	Annkamu	25	0	0	0	3.7mg
146	Shithya	26	0	0	0	2.0mg
147	Sasikala	19	0	0	0	3.0mg
148	Nandhini	21	0	0	0	2.1mg
149	Priya	25	0	0	0	3.1mg
150	Archana	26	0	0	0	3.7mg
151	Thenmozhi	22	0	0	0	5.1mg
152	Shanthi	21	0	0	0	4.5mg
153	Shyamala	21	0	0	0	3.3mg
154	Aameena	24	0	0	0	3.0mg
155	Samundeewar	21	0	0	0	3.2mg
156	Mala	25	0	0	0	4.0mg
157	Sudha	23	0	0	0	2.4mg
158	Renuka	20	0	0	0	6.0mg
159	Geetja	21	0	0	0	5.4mg
160	Chitra	20	0	0	0	3.5mg
161	Indrani	25	0	0	0	3.2mg
162	Monika	26	0	0	0	4.1mg
163	Usha	30	0	0	0	2.9mg
164	Lakshmi	24	0	0	0	2.9mg
165	Savithri	21	0	0	0	2.4mg
166	Sarala	20	0	0	0	3.2mg
167	Manimegalai	21	0	0	0	3.1mg
168	Devi	21	0	0	0	3.4mg

S. No	Name	Age	Roll Over Test	Urine Albumin	RFT	LFT	Gestation Hypertension	Preeclampsia
127	Parveena	23		nil	N	N	0	0
128	Amudha	28		nil	N	N	0	0
129	Kanmani	33		nil	N	N	0	0
130	Jeeva	21		nil	N	N	0	0
131	Sarala	32		nil	N	N	0	0
132	Sheela	27	positive	2+	N	N	0	0
133	Sathya	23		nil	NN	N	0	0
134	Chitra	28		nil	N	N	0	0
135	Jaya	26		nil	N	N	0	0
136	Shanthi	21		nil	N	N	0	0
137	Fathima	27		nil	N	N	0	0
138	Tamil	19		nil	N	N	0	0
139	Sabeena	30		nil	N	N	0	0
140	Viji	26		nil	N	N	0	0
141	Prema	21		nil	N	N	0	0
142	Lakshmi	26	positive	nil	N	N	1	0
143	Zaibunisha	19		nil	N	N	0	0
144	Manitha	21		nil	N	N	0	0
145	Annkamu	25		nil	N	N	0	0
146	Shithya	26		nil	N	N	0	0
147	Sasikala	19		nil	N	N	0	0
148	Nandhini	21		nil	N	N	0	0
149	Priya	25		nil	N	N	0	0
150	Archana	26		nil	N	N	0	0
151	Thenmozhi	22		nil	N	N	0	0
152	Shanthi	21		nil	N	N	0	0
153	Shyamala	21		nil	N	N	0	0
154	Aameena	24		nil	N	N	0	0
155	Samundeewar	21		nil	N	N	0	0
156	Mala	25		nil	N	N	0	0
157	Sudha	23		nil	N	N	0	0
158	Renuka	20		nil	N	N	0	0
159	Geetja	21		nil	N	N	0	0
160	Chitra	20		nil	N	N	0	0
161	Indrani	25		nil	N	N	0	0
162	Monika	26		nil	N	N	0	0
163	Usha	30		nil	N	N	1	0
164	Lakshmi	24		nil	N	N	0	0
165	Savithri	21		nil	N	N	0	0
166	Sarala	20		nil	N	N	0	0
167	Manimegalai	21		nil	N	N	0	0
168	Devi	21		nil	N	N	0	0

S. No	Name	Age	HT+ Hyperurecemia	HPU	Preterm	SGA	GA at which Preeclampsia is Detected	GA at Delivery
127	Parveena	23	0	0	0	0		
128	Amudha	28	0	0	0	0		
129	Kanmani	33	0	0	0	0		
130	Jeeva	21	0	0	0	0		
131	Sarala	32	0	0	0	0		
132	Sheela	27	0	1	0	0	38WKS	38WKS
133	Sathya	23	0	0	0	0		
134	Chitra	28	0	0	0	0		
135	Jaya	26	0	0	0	0		
136	Shanthi	21	0	0	0	0		
137	Fathima	27	0	0	0	0		
138	Tamil	19	0	0	0	0		
139	Sabeena	30	0	0	0	0		
140	Viji	26	0	0	0	0		
141	Prema	21	0	0	0	0		
142	Lakshmi	26	1	0	0	0		39WKS
143	Zaibunisha	19	0	0	0	0		
144	Manitha	21	0	0	0	0		
145	Annkamu	25	0	0	0	0		
146	Shithya	26	0	0	0	0		
147	Sasikala	19	0	0	0	0		
148	Nandhini	21	0	0	0	0		
149	Priya	25	0	0	0	0		
150	Archana	26	0	0	0	0		
151	Thenmozhi	22	0	0	0	0		
152	Shanthi	21	0	0	0	0		
153	Shyamala	21	0	0	0	1		
154	Aameena	24	0	0	0	0		
155	Samundeewar	21	0	0	0	0		
156	Mala	25	0	0	0	0		
157	Sudha	23	0	0	0	1		
158	Renuka	20	0	0	0	0		
159	Geetja	21	0	0	0	0		
160	Chitra	20	0	0	0	0		
161	Indrani	25	0	0	0	0		
162	Monika	26	0	0	0	0		
163	Usha	30	0	0	1	0		39WKS
164	Lakshmi	24	0	0	0	0		
165	Savithri	21	0	0	0	0		
166	Sarala	20	0	0	0	0		
167	Manimegalai	21	0	0	0	0		
168	Devi	21	0	0	0	0		



S. No	Name	Age	Parity	BMI	GA at sampling Previous H/o Preeclampsia Previous H/o Chronic Hypertension	BP
169	Selvi	26	PRIMI	23	12WKS	110/80
170	Thennarasi	24	PRIMI	22.5	10WKS	120/80
171	Soniya	22	PRIMI	23.5	11WKS	110/80
172	Sundari	20	PRIMI	21	12WKS	120/80
173	Pushpa	21	PRIMI	22	12WKS	120/80
174	Subhashini	24	G2P1L1	23.5	11WKS	120/80
175	Dabreen	26	G2P1L1	23.5	12WKS	110/80
176	Sivaranjani	22	PRIMI	23	12WKS	110/80
177	Seetha	24	G2P1L1	23.5	12WKS	120/80
178	Kavitha	22	PRIMI	22	12WKS	120/80
179	Kalaiselvi	20	PRIMI	21.8	11WKS	120/80
180	Manju	25	PRIMI	23.4	11WKS	110/80
181	Priya	24	PRIMI	19.5	12WKS	120/80
182	Meera	22	PRIMI	23.8	11WKS	120/80
183	Yamuna	23	PRIMI	21.8	12WKS	120/80
184	Govindammal	22	PRIMI	18.5	11WKS	110/80
185	Saradha	22	PRIMI	20.5	10WKS	120/80
186	Krishnaveni	22	PRIMI	21.4	12WKS	110/80
187	Jeeva	24	G2P1L1	23.6	12WKS	110/80
188	Sumitha	22	PRIMI	25.9	12WKS	110/80
189	Shalini	23	PRIMI	22.9	12WKS	110/80
190	Vinu	22	PRIMI	20	12WKS	120/80
191	Priyanka	22	PRIMI	18.4	12WKS	120/80
192	Keerthana	24	G2P1L1	24.2	11WKS	120/80
193	Nithya	23	PRIMI	20	12WKS	120/80
194	Vanaja	22	PRIMI	21	11WKS	110/80
195	Gomathy	23	PRIMI	19.6	12WKS	110/80
196	Roja	25	G2P1L1	20.2	11WKS	120/80
197	Padmavathy	22	PRIMI	21	12WKS	110/80

S. No	Name	Age	Previous H/o Preeclampsia	Previous H/o Chronic Hypertension	Previous H/o Gout	Serum Uric Acid
169	Selvi	26	0	0	0	3.2mg
170	Thennarasi	24	0	0	0	3.6mg
171	Soniya	22	0	0	0	3.2mg
172	Sundari	20	0	0	0	2.8mg
173	Pushpa	21	0	0	0	2.4mg
174	Subhashini	24	0	0	0	2.2mg
175	Dabreen	26	0	0	0	2.8mg
176	Sivaranjani	22	0	0	0	4.0mg
177	Seetha	24	0	0	0	3.5mg
178	Kavitha	22	0	0	0	2.9mg
179	Kalaiselvi	20	0	0	0	3.8mg

180	Manju	25	0	0	0	3.4mg
181	Priya	24	0	0	0	3.2mg
182	Meera	22	0	0	0	3.6mg
183	Yamuna	23	0	0	0	3.2mg
184	Govindammal	22	0	0	0	3.4mg
185	Saradha	22	0	0	0	3.2mg
186	Krishnaveni	22	0	0	0	3.1mg
187	Jeeva	24	0	0	0	3.2mg
188	Sumitha	22	0	0	0	3.0mg
189	Shalini	23	0	0	0	3.2mg
190	Vinu	22	0	0	0	3.4mg
191	Priyanka	22	0	0	0	3.2mg
192	Keerthana	24	0	0	0	3.5mg
193	Nithya	23	0	0	0	2.9mg
194	Vanaja	22	0	0	0	4.0mg
195	Gomathy	23	0	0	0	3.7mg
196	Roja	25	0	0	0	3.2mg
197	Padmavathy	22	0	0	0	3.5mg

S. No	Name	Age	Roll Over Test	Urine Albumin	RFT	LFT	Gestation Hypertension	Preeclampsia
169	Selvi	26	positive	nil	N	N	1	0
170	Thennarasi	24		nil	N	N	0	0
171	Soniya	22		nil	N	N	0	0
172	Sundari	20		nil	N	N	0	0
173	Pushpa	21		nil	N	N	0	0
174	Subhashini	24		nil	N	N	0	0
175	Dabreen	26		nil	N	N	0	0
176	Sivaranjani	22		nil	N	N	0	0
177	Seetha	24		nil	N	N	0	0
178	Kavitha	22		nil	N	N	1	0
179	Kalaiselvi	20		nil	N	N	0	0
180	Manju	25		nil	N	N	0	0
181	Priya	24		nil	N	N	0	0
182	Meera	22	positive	nil	N	N	1	0
183	Yamuna	23		nil	N	N	0	0
184	Govindammal	22		nil	N	N	0	0
185	Saradha	22		nil	N	N	0	0
186	Krishnaveni	22		nil	N	N	0	0
187	Jeeva	24		nil	N	N	0	0
188	Sumitha	22		nil	N	N	0	0
189	Shalini	23	positive	nil	N	N	1	0
190	Vinu	22		nil	N	N	0	0
191	Priyanka	22		nil	N	N	0	0
192	Keerthana	24		nil	N	N	0	0

193	Nithya	23		nil	N	N	0	0
194	Vanaja	22		nil	N	N	0	0
195	Gomathy	23		nil	N	N	0	0
196	Roja	25	positive	nil	N	N	1	0
197	Padmavathy	22		nil	N	N	0	0

S. No	Name	Age	HT+ Hyperurecemia	HPU	Preterm	SGA	GA at which Preeclampsia is detected	GA at Delivery
169	Selvi	26	0	0	0	0		39WKS3DAYS
170	Thennarasi	24	0	0	0	0		
171	Soniya	22	0	0	0	0		
172	Sundari	20	0	0	0	0		
173	Pushpa	21	0	0	0	0		
174	Subhashini	24	0	0	0	1		
175	Dabreen	26	0	0	0	0		
176	Sivaranjani	22	0	0	0	0		
177	Seetha	24	0	0	0	0		
178	Kavitha	22	0	0	0	0		
179	Kalaiselvi	20	0	0	0	0		
180	Manju	25	0	0	0	0		
181	Priya	24	0	0	0	0		
182	Meera	22	0	0	0	0		39WKS
183	Yamuna	23	0	0	0	0		
184	Govindammal	22	0	0	0	0		
185	Saradha	22	0	0	0	0		
186	Krishnaveni	22	0	0	0	0		
187	Jeeva	24	0	0	0	0		
188	Sumitha	22	0	0	0	0		
189	Shalini	23	0	0	0	0		40WKS
190	Vinu	22	0	0	0	0		
191	Priyanka	22	0	0	0	0		
192	Keerthana	24	0	0	0	0		
193	Nithya	23	0	0	0	0		
194	Vanaja	22	0	0	0	0		
195	Gomathy	23	0	0	0	0		
196	Roja	25	0	0	0	0		40WKS
197	Padmavathy	22	0	0	1	0		

**Key to Master Chart**

S. NO	-	Serial Number
BMI	-	Body Mass Index
U/A	-	Urine Albumin.
HU	-	Hypertension + Hyperuricemia
HPU	-	Hypertension + Proteinuria + Hyperuricemia

## **Proforma**

S. No

Name

Age

Address

Socioeconomic Status

Phone Number

Booking Status

LMP

EDD

Menstrual History

Obstetric History

Previous H/o preeclampsia

Previous H/o chronic hypertension

Previous H/o gout

Previous H/o diabetes

Family H/o

Any H/o Bronchial Asthma / Throid / Cardiac Disorder / Renal Disorder /

Epilepsy / Jaundice

## **General examination**

Height

Weight

Anaemia

Jaundice

Pedal Edema

## **Vitals**

PR

BP

RR

Systemic Examination

Respiratory System

Cardiovascular System

CNS

Obstetric Examination

## **Investigation**

Urine Albumin

Sugar Deposits

VDRL

NVP

Blood Grouping & Typing

CBC

Blood Sugar

Sr. Creatinine

Serum Uric Acid

USG Obstetrics

## List of Abbreviations Used

BMI	-	Body Mass Index
Fig	-	Figure
H/o	-	History of
HT	-	Hypertension